



2022

Information

Package



TOWNSVILLE NORTH STAR ATHLETICS CLUB

CONTENTS

About Townsville North Star Athletics Club (TNSAC)	4
About Athletics North Queensland (ANQ)	5
Parental Involvement	5
Club Uniforms	5
Club Training	5
Membership Structure and Fees	6
Full Membership	6
Trials (Come and Try)	7
Special Membership	8
Visitors	8
How to Register	9
Frequently Asked Questions	10
Season Calendar	13
Further Resources	16



TOWNSVILLE NORTH STAR ATHLETICS CLUB

2022 Registration Information Package

Thank you for your enquiry regarding membership for the 2022 Townsville North Star Athletics Club track and field season.

About Townsville North Star Athletics Club (TNSAC) -

Established in 1962, TNSAC is Townsville's premier track and field club. Our association is coordinated by a number of generous volunteers, mainly parents who donate their time to ensure the club continues to benefit the wider Townsville community.

TNSAC provides an affordable, community based active outlet and caters for individuals of all capabilities and ages from five years onwards. Our club is affiliated with Athletics North Queensland, which affords our members the eligibility to nominate for any Athletics Australia (AA) sanctioned events nation-wide.

TNSAC has a number of accredited coaches associated with the club who specialise in mentoring a variety of age groups and track and field events. Our weekly club competitions are conducted at the Townsville Sports Reserve affectionately known as the 'Red Track', which boasts state of the art track and field facilities. Over the years our club has produced a large quantity of noteworthy athletes that have competed and medalled at state, national, International competitions and the Olympics.

Whether you're looking to make new friends, enjoy an active lifestyle or compete at the next Olympic Games, Townsville North Star Athletics Club will have an event to suit you or your child.

About Athletics North Queensland (ANQ) –

ANQ is Queensland Athletics' appointed agent in North Queensland. ANQ has over 3000 registered members and consists of almost forty separate track and field and road running clubs. These clubs stretch all over North Queensland from Rockhampton in the south, Longreach and Mount Isa in the west, and Cairns in the north. The ANQ office is located at Sports House, North Ward.



TOWNSVILLE NORTH STAR ATHLETICS CLUB

Parental Involvement

Athletics offers a great opportunity for all children to learn the basic motor skills, to keep fit and to socialise with others. For those who wish to progress further in the sport, the pathways are also there.

No other sport offers such a wide range of events to all ages and to all levels of competitors. This is also one downside on that it makes athletics the most labour intensive of ALL sports.

All weekly training and track and field events conducted at our weekly club competitions are subject to parental involvement. PARENTS/GUARDIANS NEED TO ASSIST WITH THE RUNNING OF EACH EVENT. If there are not enough parents present to officiate each event in a safe and timely manner, then the event will be cancelled.

Club Uniform

All athletes must wear the TNSAC club uniform and attach their ANQ registration number to both the front and back when competing at all club competitions and track and field carnivals.

Uniforms can be purchased online or from the registration desk at each club competition. Online uniform purchases can be made by following link:

www.revolutionise.com.au/townsvillenorthstar/shop/

Club Training

- \$\$ training fee per athlete, per session. (Training fee for the 2022 season TBC)
- This is the fourth year in which TNSAC will be holding training sessions at the Townsville Sports Reserve (Red Track).
- 10 years - seniors will be on a Monday afternoon at 5pm – 6pm from the 18th April. (TBC)
- 7-9 year old's will be on a Wednesday afternoon at 4:30pm – 5:30pm from the 16th March.
- There will be no training at all on school or public holidays.
- Cancellation of training due to rain will depend on how bad the rain is, and a decision will be made by 1pm on training days.



TOWNSVILLE NORTH STAR ATHLETICS CLUB

2022 Membership Structure and Fees

Membership for the 2022 season runs from 1st April 2022 to 31st March 2023.



FULL MEMBERSHIP: The complete package

5yrs to 9yrs: \$250

10yrs and above: \$275

- Registration with Athletics North Queensland as a Townsville North Star member
- ANQ registration package.
- Access to participate at all ANQ sanctioned Carnivals and Championships throughout the season.
(carnival and championship nomination costs not included)
- Eligible to nominate for State and National Championships until 31st March 2023.
(qualifying standards must be met in order to nominate)
- Unlimited access to weekly TNSAC competition nights.
- Unlimited access to weekly TNSAC training sessions (\$\$ training session fee TBC)
- Eligible to accumulate “competition points” which contribute to some end of season trophies.
- Eligible to have weekly competition performances recognized for “Club Records”
- Eligible to receive awards on Presentation Day (minimum 50% attendance at TNSAC club competitions required)
- Invitation to attend end of season Presentation Day function FREE OF CHARGE.

FAMILY DISCOUNTS:

Where 3 or more “immediate family” members take out full membership a \$50 discount will apply to the 3rd membership.

FAIRPLAY VOUCHERS:

Fairplay vouchers are available for eligible children/young people aged 5 – 17 years. For more information please visit:

www.qld.gov.au/recreation/sports/funding/fairplay/apply



TOWNSVILLE NORTH STAR ATHLETICS CLUB

TRIALS: For the beginning athlete, school athlete or casual user

(Maximum of 3 “trial” visits after which athletes are required to join as a full member to continue)



All age groups: Competition fee: \$10/competition

(payable **BEFORE** you compete in that night’s competition)

- Athletes will NOT be registered with Athletics North Queensland as a TNSAC member.
- Ineligible to participate at ANQ sanctioned Carnivals and Championships during 2022.
- Ineligible to participate at State and National Championships.
- Access to a MAXIMUM of 3 weekly TNSAC competition nights at \$10 per competition.
- No access to TNSAC training sessions.
- Ineligible to accumulate “competition points” which contribute to end of season trophies.
- Ineligible to have weekly competition performances recognized for “Club Records”
- Ineligible to receive awards at the end of season Presentation Day.
- No invitation to attend Presentation Day function.

MEMBERSHIP UPGRADE:

A trialling athlete may upgrade to full membership at any time by paying the total cost of the full membership.



TOWNSVILLE NORTH STAR ATHLETICS CLUB

For those athletes who have exceptional circumstances

eg. Athletes who live out of Qld but wish to be TNSAC members to allow them to compete at higher levels of competition.



- Athletes who believe they qualify for this form of membership need to submit details of their circumstances to the TNSAC committee for individual assessment. Terms and conditions of “special” memberships will be set by the committee.

VISITORS:

Athletes from another Athletics Australia or Little Athletics affiliated club wishing to compete at a TNSAC competition night.

All age groups: Competition fee: \$10/competition (payable before you compete in that night’s competition)

- Access to unlimited weekly TNSAC competition nights at \$10 per competition.
- No access to TNSAC training sessions.
- Ineligible to accumulate “competition points” which contribute to end of season trophies.
- Ineligible to have weekly competition performances recognized for “Club Records”
- Ineligible to receive awards on Presentation Day.
- No invitation to attend Presentation Day function.



TOWNSVILLE NORTH STAR ATHLETICS CLUB

Registration

Prior to registering all athletes must –

- Pay any fees outstanding from previous seasons – registrations will not be accepted until outstanding fees are paid.
- If you have signed up previously with Athletics North Queensland in the last 3 years, please include your ANQ registration number when renewing your registration.
- If this is your first season at TNSAC **we need to sight your birth certificate**. Please present this when registering in person or when collecting your ANQ registration numbers. Alternatively, a copy can be emailed to info@townsvillenorthstar.org.au
- Parents of Athletes under 16 must also complete a registration form for Insurance purposes.

How to Register

Registration can be submitted in one of four ways –

1. Online through our website:
<https://client.revolutionise.com.au/townsvillenorthstar/site/edit/108153/>
2. In person at one of our 2022 Sign on Days – Saturday 12th March and Sunday 13th March
From 10am to 12pm at the Townsville Sports Reserve.
3. In person at any of our club competition nights at the Registration office beside the Finish line.
4. **RevSport Athlete Registration Instructions to Manage Fair play Vouchers**

From TNSAC website (instructions for members)

“TNSAC” accepts Fair Play vouchers for the 2022 season. To use this voucher for membership, please register the athlete via the age group Fairplay voucher payment class using our online membership system below. This will ensure the membership can be updated to an athlete class. When attending your first club day, please hand in your voucher to the club's registrar at the start of the day. Alternatively you can email your voucher to info@townsvillenorthstar.org.au prior to your first club day. An electronic invoice will be sent to your email for payment of the difference between the voucher of \$150.00 and the season membership fee.



TOWNSVILLE NORTH STAR ATHLETICS CLUB

Frequently Asked Questions

Q. I couldn't make it to your Sign On Days. Can I register at any other time?

A. Yes, you can sign up online through our website or at any of our club competitions.

Q. How much does membership cost?

A. Full membership costs \$250 for 9 years and under and \$275 for 10 years and over. We also accept "Fair Play Vouchers" to eligible children/young people.

www.qld.gov.au/recreation/sports/funding/fairplay/apply

Q. How can I pay for membership?

A. Cash and EFTPOS/credit card facilities are available.

Q. Can I get a family discount?

A. Where three or more "immediate family" members take out full membership, a \$50 discount will apply to the 3rd or more membership.

Q. When and where are your club competition nights?

A. Most Club competitions are held on Friday nights from 6:00pm along with a couple of Sunday twilight meets from 3pm at the Townsville Sports Reserve.

Q. When does the season start?

A. Our first club meet being Athlete and Parent Education Programs (APEP) which will be held on the 25th March 2022. Our official first club competition evening will be held on Friday 22nd April 2022 from 6pm with a warmup from 5:40pm.

Q. What is the Athlete and Parent Education Program (APEP)?

A. The Athlete and Parent Education Program is a pre-season club night which will run the same events as our club nights. This is an opportunity to educate parents and athletes of the basic rules and techniques, as well as the officiating procedures and safety procedures for athletes and parents. As a club run by volunteers, Parental involvement is essential for the timely and safe running of our competition nights.



TOWNSVILLE NORTH STAR ATHLETICS CLUB

Q. When are your training days and how much does it cost?

A. Training is provided by coaches accredited by Athletics Australia. Training is an additional fee per athlete per session. **(Training fee for the 2022 season TBC)** Training sessions are held on Monday afternoons for 10 year old's – Seniors 5pm – 6pm **(TBC)** and Wednesday afternoons for 7-9 -year old's from 4:30pm – 5:30pm. Sessions are conducted at the Townsville Sports Reserve.

Q. How long does the season go for?

A. Our season begins in April and extends to the end of September culminating in the ANQ North Queensland Championships held in September. (middle weekend in the September school holidays)

Q. What extra costs are there?

A. Club uniforms (compulsory) and appropriate running shoes. Membership entitles our athletes to be able to nominate to compete at many track and field carnivals however these incur additional nomination fees. Optional training for club members **(Training fee for the 2022 season TBC).**

Q. What does the club uniform consist of?

A. TNSAC shirt or singlet or crop top and plain black shorts or plain black bike pants.
****Please note the new uniform is compulsory for 2022 to be eligible for club points****

Q. How quickly can my child start athletics?

A. Athletes must be a minimum of five years of age by the 31st of December 2022 to be eligible for membership this season. (DOB 2017 and older)

Q. Are there any older athletes in the club?

A. Yes, while most of our members are youths, we do cater for mature/masters aged and professional athletes.

Q. What other events are held throughout the North Queensland track and field season?

A. Athletics North Queensland assists in the running of many events throughout the year.



TOWNSVILLE NORTH STAR ATHLETICS CLUB

Full details are available on the ANQ website under the events tab or the following link:
www.revolutionise.com.au/qldathletics/events/

Q. At what age can my child compete in spikes?

- A. 10yrs & 11yrs: laned track events, long jump, high jump
12yrs: laned track events, all jumps, javelin
13yrs and over: all events except discus and shot put

Q. What do I do while my child is competing?

A. Parental involvement is essential for the timely and safe running of our competition nights. If there are not enough parents present with their children to run the events safely then an event may need to be cancelled.

Q. How do I qualify for an end of season trophy?

A. Athletes must attend a minimum of 50% of club competition nights to be eligible and all outstanding fees must be paid in full.

Q. What do I do if I've left something at the Sports Reserve?

A. Please see our volunteers at the registration desk on the following Friday night for collection of lost property.

Q. If I have a question or concern on a competition night whom should I speak to?

A. Please approach a committee member who can be identified by their white or blue polo shirt and name badge.





TOWNSVILLE NORTH STAR ATHLETICS CLUB

North Star Calendar

FEB	SUNSET SERIES MEET 1	PERMIT MEET
5	Saturday 5th February 4pm – 8pm Townsville Sports Reserve	
FEB	SUNSET SERIES MEET 2	PERMIT MEET
19	Saturday 19th February 3:30pm – 8pm Townsville Sports Reserve	
MARCH	TOWNSVILLE NORTH STAR SIGN ON DAYS	CLUB- SIGN ON
12-13	Saturday 12th – Sunday 13th March 10am-12pm Townsville Sports Reserve	
MARCH	QUEENSLAND CHAMPIONSHIPS (U/14- OPEN)	QLD STATE CHAMPS
3-6	Thursday 3rd – Sunday 6th March Main Stadium, QSAC, Nathan	
MARCH	ATHLETE & PARENT EDUCATION PROGRAM	APEP MEET
25	Friday 25 th March 6pm Townsville Sports Reserve	
APRIL	TNSAC COMP 1	CLUB MEET
22	Friday 22nd April 6pm Townsville Sports Reserve	
APRIL	AUSTRALIAN ATHLETICS CHAMPIONSHIPS	AUSTRALIAN CHAMPS
26-3	Saturday 26 th March – Sunday 3rd April Sydney, NSW	
APRIL	TOWNSVILLE FESTIVAL OF ATHLETICS (Formally Student Games)	ANQ/CHAMPIONSHIP EVENT
29-1	Friday 29th April – Sunday 1st May Townsville Sports Reserve, Townsville	
May	TNSAC COMP 2	CLUB MEET
6	Friday 6th May 6pm Townsville Sports Reserve	
MAY	TNS COMP 3	CLUB MEET
13	Friday 13th May 6pm Townsville Sports Reserve	



TOWNSVILLE NORTH STAR ATHLETICS CLUB

MAY 21-22	MACKAY TRACK AND FIELD CARNIVAL Saturday 21 st May– Sunday 22 nd May Mackay Aquatic & Recreation Complex	CARNIVAL
MAY 22	TNS COMP 4 Sunday 22 nd May 6pm Townsville Sports Reserve	CLUB MEET
MAY 27	TNS COMP 5 Friday 27 th May 6pm Townsville Sports Reserve	CLUB MEET
MAY 28	CAIRNS TWILIGHT MEET Saturday 28 th May Barlow Park, Cairns	CARNIVAL
June 3	TNS COMP 6 Friday 3 rd June 6pm Townsville Sports Reserve	CLUB MEET
JUNE 12	TNS COMP 7 Sunday 12 th June 6pm Townsville Sports Reserve	CLUB MEET
JUNE 17	TNS COMP 8 Friday 17 th June 6pm Townsville Sports Reserve	CLUB MEET
JUNE 25 - 26	LITTLE ATHLETICS NORTH QLD WINTER CARNIVAL Saturday 25 th – Sunday 26 th June Townsville Sports Reserve	LAQ CARNIVAL
JUNE 24	TNS COMP 9 Friday 24 th June 6pm Townsville Sports Reserve	CLUB MEET
JULY 15	TNS COMP 10 Friday 15 th July 6pm Townsville Sports Reserve	CLUB MEET
JULY 23-24	CAIRNS CORAL COAST TRACK & FIELD CARNIVAL Saturday 23 rd – Sunday 24 th July Barlow Park, Cairns	CARNIVAL



TOWNSVILLE NORTH STAR ATHLETICS CLUB

JULY 29	TNS COMP 11 Friday 29th July 6pm Townsville Sports Reserve	CLUB MEET
August 5	TNS COMP 12 Friday 5th August 6pm Townsville Sports Reserve	CARNIVAL
AUGUST 12	TNS COMP 13 Friday 12th August 6pm Townsville Sports Reserve	CLUB MEET
AUGUST 8 - 12	TOWNSVILLE PRIMARY INTERSCHOOL TRACK & FIELD Monday 8th – Friday 12th August Townsville Sports Reserve	SCHOOL CARNIVAL
AUGUST 13-14	BOWEN TRACK AND FIELD CARNIVAL Saturday 13 th August – Sunday 14 th August Bowen	CARNIVAL
AUGUST 19	TNS COMP 14 Friday 19 th August 6pm Townsville Sports Reserve	CLUB MEET
AUGUST 16-19	TOWNSVILLE SECONDARY INTERSCHOOL TRACK & FIELD Tuesday 16 th – Friday 19 th August Townsville Sports Reserve	SCHOOL CARNIVAL
AUGUST 26	TNS COMP 15 Friday 26 th August 6pm Townsville Sports Reserve	CLUB MEET
AUGUST 30	NQ PRIMARY TRACK & FIELD MEET Tuesday 30 th August Townsville Sports Reserve	SCHOOL CARNIVAL
SEPT 1	NQ SECONDARY TRACK & FIELD MEET Thursday 1st September Townsville Sports Reserve	SCHOOL CARNIVAL
SEPT 2	TNS COMP 16 Friday 2nd September 6pm Townsville Sports Reserve	CLUB MEET



TOWNSVILLE NORTH STAR ATHLETICS CLUB

SEPT	TNS COMP 17	CLUB MEET
9	Sunday 9th September 4pm Townsville Sports Reserve	

SEPT	TNS COMP 18	CLUB MEET
TBC	September 6pm Townsville Sports Reserve	

SEPT	NORTH QUEENSLAND TRACK & FIELD CHAMPIONSHIPS	NQ CHAMPS
23-25	Friday 23rd – Sunday 25th September Townsville Sports reserve - Townsville	

OCT	TNS AGM & PRESENTATION - TBC	AGM/PRESENTATION DAY
9	Saturday 8th October Townsville Sports Reserve	

OCT	QLD PRIMARY TRACK & FIELD CHAMPIONSHIPS	QLD STATE CHAMPS
11-12	Tuesday 11th – Wednesday 12th October Main Stadium QSAC, Nathan, Brisbane	

OCT	QLD SECONDARY TRACK & FIELD CHAMPIONSHIPS	QLD STATE CHAMPS
13-16	Thursday 13th – Sunday 16th October Main Stadium, QSAC, Nathan	

NOV	AUSTRALIAN PRIMARY TRACK & FIELD CHAMPIONSHIPS	NATIONAL CHAMPS
17-21	Thursday 17th – Monday 21st November QSAC, Brisbane	

DEC	AUST SECONDARY TRACK & FIELD CHAMPIONSHIPS	NATIONAL CHAMPS
9-11	Friday 9th – Sunday 11th December SA Athletics Stadium, Adelaide	



TOWNSVILLE NORTH STAR ATHLETICS CLUB

Further Resources

Athletics North Queensland (ANQ)

<http://athleticsnorthqld.org.au>



Queensland Athletics (QA)

<http://www.qldathletics.org.au>



Athletics Australia (AA)

<http://athletics.com.au>



CLUB VENUE

Townsville Sports Reserve
14 Warburton Street,
North Ward
TOWNSVILLE QLD 4810

CLUBHOUSE

2A Rowland Street,
North Ward
TOWNSVILLE QLD 4810

CORRESPONDENCE

Townsville North Star
Athletics Club Inc
PO Box 621
C CASTLETOWN QLD

CONTACT US

PH: 0428 867 827
E: info@townsvillenorthstar.org.au
WEB: www.townsvillenorthstar.org.a

**Our committee and existing members look forward to
welcoming you to our 2022 season!**