

Week 12 - Program 3b - 1/09/2017

Results

Girls 60 Meter Run 5yrs

Meet Record: 11.60 M 15/07/2001 Tori West

Name	Age	Team	Finals
Finals			
1 Addison Goodwin	5	TNS	16.45 NWI
2 Georgia Gamble	5	TNS	16.54 NWI
3 Lillian Ponti	5	TNS	16.69 NWI

Girls 70 Meter Run 5yrs

Meet Record: 13.20 M 27/07/2001 Tori West

Name	Age	Team	Finals
Finals			
1 Addison Goodwin	5	TNS	17.79 NWI
2 Georgia Gamble	5	TNS	17.83 NWI
3 Lillian Ponti	5	TNS	20.06 NWI

Girls 100 Meter Run 5yrs

Meet Record: 19.30 M 20/08/2005 Neve Houlihan

Name	Age	Team	Finals
Finals			
1 Georgia Gamble	5	TNS	25.20 NWI
2 Addison Goodwin	5	TNS	25.72 NWI
3 Lillian Ponti	5	TNS	28.40 NWI

Girls Long Jump 5yrs

Meet Record: 2.64m M 21/07/2017 Georgia Gamble

Name	Age	Team	Finals
Finals			
1 Georgia Gamble	5	TNS	1.60m NWI
2 Lillian Ponti	5	TNS	1.36m NWI
3 Addison Goodwin	5	TNS	1.16m NWI

Girls Discus Throw 5yrs

Meet Record: 11.60m M 30/09/2001 Sharnae Henaway

Name	Age	Team	Finals
Finals			
1 Georgia Gamble	5	TNS	4.52m
2 Addison Goodwin	5	TNS	3.96m
3 Lillian Ponti	5	TNS	2.83m

Girls 60 Meter Run 6yrs

Meet Record: 11.10 M 12/09/1999 Kelly O'Connor

Name	Age	Team	Finals
Finals			
1 Lilly McCormack	6	TNS	11.89 NWI
2 Meredith Roberts	6	TNS	13.27 NWI
3 Matilda Linden	6	TNS	13.39 NWI
4 Addison Doherty	6	TNS	13.68 NWI
5 Zali Sheerin	6	TNS	13.88 NWI
6 Imogen Jurss	6	TNS	14.69 NWI
7 Azalya McGowan	6	TNS	14.75 NWI
8 Elena Knight	6	TNS	15.02 NWI

Girls 70 Meter Run 6yrs

Meet Record: 13.00 M 11/08/2002 Tori West

Name	Age	Team	Finals
Finals			
1 Lilly McCormack	6	TNS	14.75 NWI
2 Matilda Linden	6	TNS	15.85 NWI
3 Meredith Roberts	6	TNS	15.96 NWI
4 Zali Sheerin	6	TNS	16.99 NWI
5 Addison Doherty	6	TNS	17.01 NWI
6 Elena Knight	6	TNS	17.32 NWI
7 Azalya McGowan	6	TNS	17.74 NWI

Girls 100 Meter Run 6yrs

Meet Record: 18.30 M 15/08/1999 Amy Buchanan

Name	Age	Team	Finals
Finals			
1 Lilly McCormack	6	TNS	20.60 NWI
2 Matilda Linden	6	TNS	22.44 NWI
3 Meredith Roberts	6	TNS	22.67 NWI
4 Zali Sheerin	6	TNS	24.44 NWI
5 Addison Doherty	6	TNS	25.21 NWI
6 Imogen Jurss	6	TNS	25.43 NWI
7 Elena Knight	6	TNS	25.69 NWI
8 Azalya McGowan	6	TNS	25.90 NWI

Girls Long Jump 6yrs

Meet Record: 2.93m M 11/07/1999 Amy Buchanan

Name	Age	Team	Finals
Finals			
1 Matilda Linden	6	TNS	2.34m NWI
2 Zali Sheerin	6	TNS	2.13m NWI
3 Lilly McCormack	6	TNS	2.07m NWI
4 Azalya McGowan	6	TNS	1.78m NWI
5 Imogen Jurss	6	TNS	1.63m NWI
6 Meredith Roberts	6	TNS	1.56m NWI
7 Elena Knight	6	TNS	1.49m NWI
8 Addison Doherty	6	TNS	1.23m NWI

Girls Discus Throw 6yrs

Meet Record: 12.52m M 25/08/2002 Tori West

Name	Age	Team	Finals
Finals			
1 Lilly McCormack	6	TNS	6.16m
2 Elena Knight	6	TNS	6.03m
3 Matilda Linden	6	TNS	5.33m
4 Azalya McGowan	6	TNS	5.32m
5 Imogen Jurss	6	TNS	4.11m
6 Zali Sheerin	6	TNS	3.75m
7 Addison Doherty	6	TNS	3.55m
8 Meredith Roberts	6	TNS	2.66m

Girls 70 Meter Run 7yrs

Meet Record: 11.60 M 15/10/2000 Teagan Edwards

Name	Age	Team	Finals
Finals			
1 Rubee Hughes	7	TNS	12.95 NWI
2 Eva Donegan	7	TNS	13.21 NWI

Week 12 - Program 3b - 1/09/2017

Results

Finals ... (Girls 70 Meter Run 7yrs)

Name	Age	Team	Finals
3 Breanna Simpson	7	TNS	13.29 NWI
4 Arcadia Botham	7	TNS	13.72 NWI
5 Cherri Miles	7	TNS	14.21 NWI
6 Keira Pearce	7	TNS	14.55 NWI
7 Abigail Ponti	7	TNS	14.59 NWI
8 Lara Burgers	7	TNS	14.68 NWI
9 Emily Gamble	7	TNS	14.69 NWI
10 Kayla Hockaday	7	TNS	14.85 NWI
11 Claudia Koitka	7	TNS	15.02 NWI
12 Sophie Lindgren	7	TNS	15.14 NWI
13 Harper Ryan	7	TNS	15.71 NWI
14 Greta Ramsay	7	TNS	17.45 NWI
15 Hailey Knight	7	TNS	21.88 NWI

Girls 200 Meter Run 7yrs

Meet Record: 35.80 M 15/10/2000 Teagan Edwards

Name	Age	Team	Finals
1 Rubee Hughes	7	TNS	39.18 NWI
2 Eva Donegan	7	TNS	40.80 NWI
3 Abigail Ponti	7	TNS	42.65 NWI
4 Arcadia Botham	7	TNS	43.45 NWI
5 Sophie Lindgren	7	TNS	46.10 NWI
6 Lara Burgers	7	TNS	47.53 NWI
7 Cherri Miles	7	TNS	48.99 NWI
8 Claudia Koitka	7	TNS	49.78 NWI
9 Greta Ramsay	7	TNS	55.02 NWI
10 Kayla Hockaday	7	TNS	55.61 NWI
11 Hailey Knight	7	TNS	67.07 NWI

Girls 60 Meter Hurdles 7yrs

Meet Record: 12.50 M 3/09/2000 Kelly O'Connor

Name	Age	Team	Finals
1 Breanna Simpson	7	TNS	13.84 NWI
2 Rubee Hughes	7	TNS	14.06 NWI
3 Arcadia Botham	7	TNS	14.25 NWI
4 Eva Donegan	7	TNS	14.33 NWI
5 Sophie Lindgren	7	TNS	15.04 NWI
6 Lara Burgers	7	TNS	15.05 NWI
7 Emily Gamble	7	TNS	15.69 NWI
8 Abigail Ponti	7	TNS	15.80 NWI
9 Cherri Miles	7	TNS	16.05 NWI
10 Claudia Koitka	7	TNS	16.60 NWI
11 Kayla Hockaday	7	TNS	16.66 NWI
12 Harper Ryan	7	TNS	17.57 NWI
13 Greta Ramsay	7	TNS	20.74 NWI
14 Hailey Knight	7	TNS	23.60 NWI

Girls Long Jump 7yrs

Meet Record: 3.49m M 14/09/2003 Tori West

Name	Age	Team	Finals
1 Rubee Hughes	7	TNS	2.67m NWI
2 Keira Pearce	7	TNS	2.62m NWI

3 Breanna Simpson	7	TNS	2.41m NWI
4 Lara Burgers	7	TNS	2.34m NWI
5 Arcadia Botham	7	TNS	2.22m NWI
6 Kayla Hockaday	7	TNS	2.19m NWI
7 Eva Donegan	7	TNS	2.08m NWI
8 Emily Gamble	7	TNS	2.05m NWI
9 Harper Ryan	7	TNS	1.97m NWI
10 Sophie Lindgren	7	TNS	1.93m NWI
11 Abigail Ponti	7	TNS	1.81m NWI
12 Claudia Koitka	7	TNS	1.71m NWI
13 Cherri Miles	7	TNS	1.62m NWI
14 Hailey Knight	7	TNS	1.42m NWI
15 Greta Ramsay	7	TNS	1.35m NWI

Girls Shot Put 7yrs

Meet Record: 5.40m M 27/04/1998 Kelly Perham

Name	Age	Team	Finals
1 Emily Gamble	7	TNS	4.40m
2 Keira Pearce	7	TNS	4.35m
3 Lara Burgers	7	TNS	4.05m
4 Eva Donegan	7	TNS	3.80m
5 Cherri Miles	7	TNS	3.35m
6 Abigail Ponti	7	TNS	3.10m
7 Breanna Simpson	7	TNS	3.05m
8 Sophie Lindgren	7	TNS	3.00m
9 Claudia Koitka	7	TNS	2.95m
9 Arcadia Botham	7	TNS	2.95m
9 Rubee Hughes	7	TNS	2.95m
12 Greta Ramsay	7	TNS	2.70m
13 Harper Ryan	7	TNS	2.45m
14 Kayla Hockaday	7	TNS	2.40m
15 Hailey Knight	7	TNS	2.30m

Girls 70 Meter Run 8 yrs

Meet Record: 11.20 M 16/06/1996 Rachael Finch/Tayla Little (18/05/00)

Name	Age	Team	Finals
1 Nahla Heinemann	8	TNS	11.97 NWI
2 Alannah Goodwin	8	TNS	12.25 NWI
3 Bella McGowan	8	TNS	12.28 NWI
4 Mackenzie Ryan	8	TNS	12.76 NWI
5 Georgia Docherty	8	TNS	14.25 NWI
6 Aaliyah Heilbronn	8	TNS	14.35 NWI

Girls 200 Meter Run 8 yrs

Meet Record: 34.20 M 7/10/2001 Teagan Edwards

Name	Age	Team	Finals
1 Nahla Heinemann	8	TNS	36.43 NWI
2 Alannah Goodwin	8	TNS	36.72 NWI
3 Mackenzie Ryan	8	TNS	37.02 NWI
4 Bella McGowan	8	TNS	37.66 NWI
5 Georgia Docherty	8	TNS	47.82 NWI

Week 12 - Program 3b - 1/09/2017

Results

Girls 60 Meter Hurdles 8 yrs

Meet Record: 12.00 M 9/09/2001 Rechelle Kealley

Name	Age	Team	Finals
Finals			
1	Bella McGowan	8 TNS	12.18 NWI
2	Mackenzie Ryan	8 TNS	12.68 NWI
3	Alannah Goodwin	8 TNS	12.91 NWI
4	Nahla Heinemann	8 TNS	13.08 NWI
5	Georgia Docherty	8 TNS	14.85 NWI
6	Remi McDonald	8 TNS	15.12 NWI
7	Aaliyah Heilbronn	8 TNS	15.34 NWI

Girls High Jump 8 yrs

Meet Record: 1.06m M 17/06/2001 Roxanne Venning

Name	Age	Team	Finals
Finals			
1	Georgia Docherty	8 TNS	0.97m
2	Bella McGowan	8 TNS	0.95m
2	Nahla Heinemann	8 TNS	0.95m
4	Alannah Goodwin	8 TNS	J0.95m
4	Mackenzie Ryan	8 TNS	J0.95m
6	Remi McDonald	8 TNS	0.90m

Girls Shot Put 8 yrs

Meet Record: 6.09m M 13/05/2016 Evoltia Tuala

Name	Age	Team	Finals
Finals			
1	Nahla Heinemann	8 TNS	3.87m
2	Aaliyah Heilbronn	8 TNS	3.71m
3	Georgia Docherty	8 TNS	3.67m
4	Mackenzie Ryan	8 TNS	3.65m
5	Alannah Goodwin	8 TNS	2.56m
6	Bella McGowan	8 TNS	2.33m

Girls 70 Meter Run 9 yrs

Meet Record: 10.60 M 16/06/1996 Anne-Marie Smeaton

Name	Age	Team	Finals
Finals			
1	Willow Dean	9 TNS	11.47 NWI
2	Ava Sheerin	9 TNS	11.89 NWI
3	Evoltia Tuala	9 TNS	12.01 NWI
4	Brinlee McDowell	9 TNS	12.03 NWI
5	Indiana Thomas	9 TNS	12.70 NWI
6	Tamika Owen	9 TNS	12.74 NWI
7	Shiqeita Maloney	9 TNS	12.83 NWI
8	Ameila Ponti	9 TNS	12.99 NWI
9	Katelyn Denman	9 TNS	13.04 NWI
10	Halle Burgers	9 TNS	13.31 NWI
11	Lily Jenkins	9 TNS	15.16 NWI

Girls 200 Meter Run 9 yrs

Meet Record: 31.82 M 2/09/2016 Alannah Gomez

Name	Age	Team	Finals
Finals			
1	Willow Dean	9 TNS	35.17 NWI
2	Brinlee McDowell	9 TNS	37.76 NWI
3	Evoltia Tuala	9 TNS	38.19 NWI

4	Ava Sheerin	9 TNS	38.62 NWI
5	Shiqeita Maloney	9 TNS	39.15 NWI
6	Ameila Ponti	9 TNS	40.16 NWI
7	Katelyn Denman	9 TNS	41.17 NWI
8	Tamika Owen	9 TNS	42.20 NWI
9	Halle Burgers	9 TNS	43.29 NWI
10	Lily Jenkins	9 TNS	47.52 NWI

Girls 60 Meter Hurdles 9 yrs

Meet Record: 12.00 M 14/09/1997 Jesse-Lee Roberts

Name	Age	Team	Finals
Finals			
1	Willow Dean	9 TNS	12.97 NWI
2	Shiqeita Maloney	9 TNS	13.18 NWI
3	Ava Sheerin	9 TNS	14.38 NWI
4	Indiana Thomas	9 TNS	14.75 NWI
5	Halle Burgers	9 TNS	14.77 NWI
6	Katelyn Denman	9 TNS	15.48 NWI
7	Ameila Ponti	9 TNS	17.01 NWI
8	Lily Jenkins	9 TNS	20.71 NWI

Girls Long Jump 9 yrs

Meet Record: 3.88m M 25/06/2010 Anya Myers

Name	Age	Team	Finals
Finals			
1	Shiqeita Maloney	9 TNS	3.23m NWI
2	Brinlee McDowell	9 TNS	3.06m NWI
3	Halle Burgers	9 TNS	3.04m NWI
4	Indiana Thomas	9 TNS	2.81m NWI
5	Ava Sheerin	9 TNS	2.78m NWI
6	Evoltia Tuala	9 TNS	2.73m NWI
7	Willow Dean	9 TNS	2.55m NWI
8	Katelyn Denman	9 TNS	2.35m NWI
9	Ameila Ponti	9 TNS	2.30m NWI
10	Tamika Owen	9 TNS	2.03m NWI
11	Lily Jenkins	9 TNS	2.02m NWI

Girls Shot Put 9 yrs

Meet Record: 6.82m M 7/10/2001 Claire Pilcher

Name	Age	Team	Finals
Finals			
1	Willow Dean	9 TNS	4.64m
2	Halle Burgers	9 TNS	4.21m
3	Ameila Ponti	9 TNS	4.04m
4	Shiqeita Maloney	9 TNS	3.87m
5	Tamika Owen	9 TNS	3.53m
6	Brinlee McDowell	9 TNS	3.43m
7	Katelyn Denman	9 TNS	2.91m
7	Lily Jenkins	9 TNS	2.91m
9	Ava Sheerin	9 TNS	2.42m

Girls 70 Meter Run 10 yrs

Meet Record: 10.15 M 17/09/2005 Tayla Little

Name	Age	Team	Finals
Finals			
1	Lillian Hughes	10 TNS	10.94 NWI
2	Elizabeth Horne	10 TNS	11.50 NWI

Week 12 - Program 3b - 1/09/2017

Results

Finals ... (Girls 70 Meter Run 10 yrs)

Name	Age	Team	Finals
3 Isabella Hanran	10	TNS	11.51 NWI
4 Ella Lawson	10	TNS	11.97 NWI
5 Ellie Thomson	10	TNS	12.47 NWI
6 Charli Botham	10	TNS	12.55 NWI
7 Sienna Matthews	10	TNS	12.68 NWI
8 Sianah McGowan	10	TNS	12.85 NWI
9 Lily-marie Audas-Gray	10	TNS	15.16 NWI

Girls 400 Meter Run 10 yrs

Meet Record: 72.37 M 7/09/2012 Tayla Clifford

Name	Age	Team	Finals
Finals			
1 Lillian Hughes	10	TNS	71.98M
2 Elizabeth Horne	10	TNS	78.11
3 Isabella Hanran	10	TNS	1:23.17
4 Ellie Thomson	10	TNS	1:27.26
5 Ella Lawson	10	TNS	1:29.18
6 Charli Botham	10	TNS	1:30.17
7 Sienna Matthews	10	TNS	1:39.70
8 Sianah McGowan	10	TNS	1:46.69

Girls 1500 Meter Run 10 yrs

Meet Record: 5:48.50 M 16/06/1996 Jodie Searle

Name	Age	Team	Finals
Finals			
1 Elizabeth Horne	10	TNS	6:06.33
2 Charli Botham	10	TNS	6:39.84
3 Sianah McGowan	10	TNS	8:12.77

Girls 60 Meter Hurdles 10 yrs

Meet Record: 11.10 M 13/09/1998 Helaina Bannister

Name	Age	Team	Finals
Finals			
1 Elizabeth Horne	10	TNS	12.10 NWI
2 Lillian Hughes	10	TNS	12.17 NWI
3 Ella Lawson	10	TNS	12.94 NWI
4 Charli Botham	10	TNS	12.96 NWI
5 Sianah McGowan	10	TNS	13.87 NWI
6 Ellie Thomson	10	TNS	14.11 NWI
7 Sienna Matthews	10	TNS	14.89 NWI

Girls Long Jump 10 yrs

Meet Record: 4.23m M 7/09/1997 A-M Smeaton/Emily Williams (30/9)

Name	Age	Team	Finals
Finals			
1 Elizabeth Horne	10	TNS	3.39m NWI
2 Isabella Hanran	10	TNS	3.37m NWI
3 Lillian Hughes	10	TNS	3.26m NWI
4 Ella Lawson	10	TNS	3.04m NWI
5 Charli Botham	10	TNS	2.86m NWI
6 Sienna Matthews	10	TNS	2.74m NWI
7 Sianah McGowan	10	TNS	2.55m NWI
8 Ellie Thomson	10	TNS	2.52m NWI
9 Lily-marie Audas-Gray	10	TNS	2.12m NWI

Girls Javelin Throw 10 yrs

Meet Record: 17.25m M 12/08/2001 Melissa Colladge

Name	Age	Team	Finals
Finals			
1 Lily-marie Audas-Gray	10	TNS	11.09m
2 Lillian Hughes	10	TNS	11.00m
3 Elizabeth Horne	10	TNS	10.56m
4 Ella Lawson	10	TNS	8.63m
5 Sianah McGowan	10	TNS	7.45m
6 Isabella Hanran	10	TNS	7.41m
7 Sienna Matthews	10	TNS	7.14m
8 Charli Botham	10	TNS	7.05m
9 Ellie Thomson	10	TNS	6.36m

Girls 70 Meter Run 11 yrs

Meet Record: 9.77 M 9/09/2006 Tayla Little

Name	Age	Team	Finals
Finals			
1 Kylah Wiseman	11	TNS	10.94 NWI
2 Sophie Griffin	11	TNS	12.36 NWI
3 Maria Osta	11	TNS	15.08 NWI

Girls 1500 Meter Run 11 yrs

Meet Record: 5:16.52 M 8/08/2014 Lauren Nugent

Name	Age	Team	Finals
Finals			
1 Kacey Kinbacher	11	TNS	6:06.78

Girls 60 Meter Hurdles 11 yrs

Meet Record: 10.90 M 13/09/1998 Rachael Phillips

Name	Age	Team	Finals
Finals			
1 Kylah Wiseman	11	TNS	12.86 NWI
2 Sophie Griffin	11	TNS	13.28 NWI

Girls High Jump 11 yrs

Meet Record: 1.40m M 14/07/2002 Katrina Stevenson

Name	Age	Team	Finals
Finals			
1 Kylah Wiseman	11	TNS	1.22m
2 Sophie Griffin	11	TNS	1.05m

Girls Discus Throw 11 yrs

Meet Record: 28.69m M 6/09/1998 Julie Bennell

Name	Age	Team	Finals
Finals			
1 Sophie Griffin	11	TNS	10.36m
2 Maria Osta	11	TNS	7.32m

Girls 70 Meter Run 12yrs

Meet Record: 9.60 M 5/09/1999 Anne Marie Smeaton

Name	Age	Team	Finals
Finals			
1 Daisy Warnock	12	TNS	10.91 NWI
2 Jorja Penny	12	TNS	11.58 NWI
3 Taliya Pearce	12	TNS	11.61 NWI

Week 12 - Program 3b - 1/09/2017

Results

Girls 200 Meter Run 12yrs

Meet Record: 27.60 M 10/10/1999 Amanda West

Name	Age	Team	Finals
Finals			
1	Jorja Penny	12 TNS	34.91 NWI
2	Taliya Pearce	12 TNS	35.38 NWI

Girls 400 Meter Run 12yrs

Meet Record: 62.78 M 2/06/2017 Madeline Mathews

Name	Age	Team	Finals
Finals			
1	Jorja Penny	12 TNS	77.87
2	Taliya Pearce	12 TNS	79.36

Girls 1500 Meter Run 12yrs

Meet Record: 5:09.45 M 17/09/2005 Isis Flynn-Pittar

Name	Age	Team	Finals
Finals			
1	Jorja Penny	12 TNS	6:31.10

Girls Long Jump 12yrs

Meet Record: 4.67m M 11/07/1999 Amanda West

Name	Age	Team	Finals
Finals			
1	Daisy Warnock	12 TNS	3.42m NWI
2	Jorja Penny	12 TNS	3.28m NWI
3	Taliya Pearce	12 TNS	3.06m NWI

Girls Shot Put 12yrs

Meet Record: 10.64m M 5/09/1999 Julie Bennell

Name	Age	Team	Finals
Finals			
1	Taliya Pearce	12 TNS	7.04m
2	Jorja Penny	12 TNS	3.49m

Girls 70 Meter Run 13yrs

Meet Record: 9.30 M 1/10/2000 Julie Bennell

Name	Age	Team	Finals
Finals			
1	Riley de Rooy	13 TNS	10.76 NWI
2	Louise Heilbronn	13 TNS	10.84 NWI
3	Tatjana Roberts	13 TNS	10.88 NWI

Girls 200 Meter Run 13yrs

Meet Record: 26.60 M 26/06/2005 Meghann Hietamaki

Name	Age	Team	Finals
Finals			
1	Riley de Rooy	13 TNS	31.11 NWI
2	Kaylee Fitzsimmons	13 TNS	31.16 NWI
3	Tatjana Roberts	13 TNS	33.61 NWI

Girls 400 Meter Run 13yrs

Meet Record: 63.00 M 7/09/1997 Jodie Parravicini

Name	Age	Team	Finals
Finals			
1	Riley de Rooy	13 TNS	75.29
2	Tatjana Roberts	13 TNS	75.99

Girls 1500 Meter Run 13yrs

Meet Record: 4:56.06 M 30/04/2006 Isis Flynn-Pittar

Name	Age	Team	Finals
Finals			
1	Tylah Kinbacher	13 TNS	6:25.19

Girls Triple Jump 13yrs

Meet Record: 10.88m M 20/08/2000 Amanda West

Name	Age	Team	Finals
Finals			
1	Riley de Rooy	13 TNS	8.73m NWI
2	Tatjana Roberts	13 TNS	8.38m NWI
3	Kaitlyn Fitzsimmons	13 TNS	8.19m NWI
4	Kaylee Fitzsimmons	13 TNS	8.16m NWI

Girls Javelin Throw 13yrs

Meet Record: 36.45m M 16/09/2011 Annelise Pretzch

Name	Age	Team	Finals
Finals			
1	Riley de Rooy	13 TNS	17.72m
2	Tatjana Roberts	13 TNS	13.39m
3	Kaylee Fitzsimmons	13 TNS	12.39m
4	Louise Heilbronn	13 TNS	10.60m

Girls 70 Meter Run 14yrs

Meet Record: 9.40 M 10/10/1999 Marissa Nielsen/K. Pearson (16/9/01)

Name	Age	Team	Finals
Finals			
1	Charlie Carlos	14 TNS	10.38 NWI
2	Isabel Nordine	14 TNS	10.66 NWI

Girls 200 Meter Run 14yrs

Meet Record: 26.40 M 1/07/2001 Rachael Phillips

Name	Age	Team	Finals
Finals			
1	Charlie Carlos	14 TNS	31.12 NWI
2	Isabel Nordine	14 TNS	31.25 NWI

Girls 400 Meter Run 14yrs

Meet Record: 62.40 M 26/07/1998 Jodie Parravicini

Name	Age	Team	Finals
Finals			
1	Charlie Carlos	14 TNS	1:20.63
2	Isabel Nordine	14 TNS	1:26.01

Girls Triple Jump 14yrs

Meet Record: 10.94m M 28/05/2010 Amie Ashleford

Name	Age	Team	Finals
Finals			
1	Charlie Carlos	14 TNS	9.89m NWI
2	Isabel Nordine	14 TNS	7.91m NWI

Girls Discus Throw 14yrs

Meet Record: 40.08m M 17/06/2001 Julie Bennell

Name	Age	Team	Finals
Finals			
1	Helena Cason	14 Vis	27.01m

Week 12 - Program 3b - 1/09/2017

Results

Finals ... (Girls Discus Throw 14yrs)

Name	Age	Team	Finals
2 Charlie Carlos	14	TNS	15.09m
3 Isabel Nordine	14	TNS	10.35m

Women 70 Meter Run 15yrs

Meet Record: 9.10 M 5/04/1998 Carly Cairns

Name	Age	Team	Finals
1 Sarah Van Hoof	15	TNS	10.76 NWI
2 Amy Cummins	15	TNS	11.05 NWI

Women 200 Meter Run 15yrs

Meet Record: 25.50 M 15/10/1995 Colleen Rehbein

Name	Age	Team	Finals
1 Amy Cummins	15	TNS	32.92 NWI

Women 400 Meter Run 15yrs

Meet Record: 60.50 M 17/07/1994 Jennene Hansen

Name	Age	Team	Finals
1 Sarah Van Hoof	15	TNS	69.47
2 Amy Cummins	15	TNS	1:20.98

Women 1500 Meter Run 15yrs

Meet Record: 5:00.30 M 15/09/1985 Ruth Besgrove

Name	Age	Team	Finals
1 Amy Cummins	15	TNS	7:08.01

Women Triple Jump 15yrs

Meet Record: 11.35m M 20/08/2005 Katie Cox

Name	Age	Team	Finals
1 Amy Cummins	15	TNS	8.78m NWI

Women Discus Throw 15yrs

Meet Record: 41.43m M 14/07/2002 Julie Bennell

Name	Age	Team	Finals
1 Amy Cummins	15	TNS	16.00m

Women Javelin Throw 16 -17yrs

Meet Record: 38.75m M 13/06/2014 Annelise Pretzsch-Kalsgaard

Name	Age	Team	Finals
1 Kasja Souter	17	TNS	24.17m

Women 70 Meter Run Open

Meet Record: 9.29 M 11/08/2017 Alexandra Kanowski

Name	Age	Team	Finals
1 Alexandra Kanowski	23	TNS	9.47 NWI

Women 400 Meter Run Open

Meet Record: 59.90 M 9/07/1995 Sheryn Brodie

Name	Age	Team	Finals
1 Alexandra Kanowski	23	TNS	66.34

Women Javelin Throw Open

Meet Record: 40.77m M 18/04/1999 Carly Cairns

Name	Age	Team	Finals
1 Alexandra Kanowski	23	TNS	15.99m

Women 70 Meter Run 40-44yrs

Meet Record: 9.90 M 18/03/2001 Yvonne mullins

Name	Age	Team	Finals
1 Debbie (Shantal) Mentor	44	TNS	11.15 NWI

Women 200 Meter Run 40-44yrs

Meet Record: 28.00 M 11/07/1999 Yvonne Mullins

Name	Age	Team	Finals
1 Debbie (Shantal) Mentor	44	TNS	33.83 NWI

Women Javelin Throw 40-44yrs

Meet Record: 24.42m M 27/03/2004 Roxann Callcott

Name	Age	Team	Finals
1 Debbie (Shantal) Mentor	44	TNS	9.76m

Women 70 Meter Run 45-49yrs

Meet Record: 10.70 M 28/05/1995 Bryony Barnett

Name	Age	Team	Finals
1 Katrina Cordes	49	TNS	13.79 NWI

Women Javelin Throw 45-49yrs

Meet Record: 16.28m M 27/06/1999 Brenda McDowell

Name	Age	Team	Finals
1 Katrina Cordes	49	TNS	7.40m

Boys 60 Meter Run 5yrs

Meet Record: 9.80 M 10/07/2005 Alec Milne

Name	Age	Team	Finals
1 Liam Torrens	5	TNS	13.26 NWI
2 Edward De Lacy	5	TNS	13.59 NWI
3 Cooper Darr	5	TNS	13.77 NWI
4 Ryan Makowski	5	TNS	14.40 NWI

Boys 70 Meter Run 5yrs

Meet Record: 13.00 M 15/10/2000 Levi Savage

Name	Age	Team	Finals
1 Edward De Lacy	5	TNS	16.08 NWI
2 Leon Ramsay	5	TNS	17.04 NWI

Week 12 - Program 3b - 1/09/2017

Results

Finals ... (Boys 70 Meter Run 5yrs)

Name	Age	Team	Finals
3 Ryan Makowski	5	TNS	17.24 NWI
4 Cooper Darr	5	TNS	24.63 NWI

Boys 100 Meter Run 5yrs

Meet Record: 14.70 M 20/08/2005 Alec Milne

Name	Age	Team	Finals
1 Edward De Lacy	5	TNS	23.00 NWI
2 Liam Torrens	5	TNS	23.78 NWI
3 Cooper Darr	5	TNS	24.14 NWI
4 Ryan Makowski	5	TNS	25.21 NWI
5 Leon Ramsay	5	TNS	28.23 NWI

Boys Long Jump 5yrs

Meet Record: 2.81m M 14/10/2000 Bradley Edwards

Name	Age	Team	Finals
1 Edward De Lacy	5	TNS	2.05m NWI
2 Liam Torrens	5	TNS	1.66m NWI
3 Cooper Darr	5	TNS	1.57m NWI
4 Ryan Makowski	5	TNS	1.50m NWI
5 Leon Ramsay	5	TNS	1.30m NWI

Boys Discus Throw 5yrs

Meet Record: 15.48m M 14/10/2000 Levi Savage

Name	Age	Team	Finals
1 Cooper Darr	5	TNS	7.91m
2 Ryan Makowski	5	TNS	5.51m
3 Edward De Lacy	5	TNS	3.72m

Boys 60 Meter Run 6yrs

Meet Record: 11.00 M 9/09/2001 Levi Savage

Name	Age	Team	Finals
1 Cy Gill	6	TNS	11.80 NWI
2 Henry Egan	6	TNS	12.06 NWI
3 Tashi Hamann	6	TNS	15.90 NWI

Boys 70 Meter Run 6yrs

Meet Record: 12.60 M 3/08/2003 Kane Strachan

Name	Age	Team	Finals
1 Cy Gill	6	TNS	13.92 NWI
2 Henry Egan	6	TNS	14.44 NWI
3 Tashi Hamann	6	TNS	20.94 NWI

Boys 100 Meter Run 6yrs

Meet Record: 17.80 M 14/10/2000 Hayden Walk

Name	Age	Team	Finals
1 Cy Gill	6	TNS	19.83 NWI
2 Henry Egan	6	TNS	20.01 NWI
3 Tashi Hamann	6	TNS	28.90 NWI

Boys Long Jump 6yrs

Meet Record: 3.04m M 17/08/2003 Kane Strachan

Name	Age	Team	Finals
1 Cy Gill	6	TNS	2.71m NWI
2 Henry Egan	6	TNS	2.34m NWI
3 Tashi Hamann	6	TNS	1.59m NWI

Boys Discus Throw 6yrs

Meet Record: 19.49m M 30/09/2001 Levi Savage

Name	Age	Team	Finals
1 Cy Gill	6	TNS	10.81m
2 Henry Egan	6	TNS	8.64m
3 Tashi Hamann	6	TNS	3.58m

Boys 70 Meter Run 7yrs

Meet Record: 11.49 M 21/08/2015 Connor Jackson

Name	Age	Team	Finals
1 Nathan Cheyne	7	TNS	13.66 NWI
2 Ryan Halliday	7	TNS	13.68 NWI
3 Lucas Goodwin	7	TNS	14.55 NWI
4 Levi Jenkins	7	TNS	17.06 NWI

Boys 200 Meter Run 7yrs

Meet Record: 34.01 M 21/08/2015 Connor Jackson

Name	Age	Team	Finals
1 Nathan Cheyne	7	TNS	40.79 NWI
2 Ryan Halliday	7	TNS	44.43 NWI
3 Lucas Goodwin	7	TNS	45.43 NWI
4 Levi Jenkins	7	TNS	53.59 NWI

Boys 60 Meter Hurdles 7yrs

Meet Record: 12.71 M 11/08/2017 Kolby Walters

Name	Age	Team	Finals
1 Nathan Cheyne	7	TNS	13.56 NWI
2 Ryan Halliday	7	TNS	14.12 NWI
3 Lucas Goodwin	7	TNS	14.42 NWI
4 Levi Jenkins	7	TNS	17.92 NWI

Boys Long Jump 7yrs

Meet Record: 3.42m M 28/08/2015 Gabriel Friskie

Name	Age	Team	Finals
1 Lucas Goodwin	7	TNS	2.46m NWI
2 Ryan Halliday	7	TNS	2.42m NWI
3 Levi Jenkins	7	TNS	2.35m NWI
4 Nathan Cheyne	7	TNS	2.32m NWI

Boys Shot Put 7yrs

Meet Record: 7.49m M 14/07/2002 Levi Savage

Name	Age	Team	Finals
1 Ryan Halliday	7	TNS	3.90m

Week 12 - Program 3b - 1/09/2017

Results

Finals ... (Boys Shot Put 7yrs)

Name	Age	Team	Finals
2 Nathan Cheyne	7	TNS	3.72m
3 Lucas Goodwin	7	TNS	3.17m
4 Levi Jenkins	7	TNS	2.56m

Boys 70 Meter Run 8 yrs

Meet Record: 11.30 M 7/10/2001 Joel Guirao

Name	Age	Team	Finals
Finals			
1 Nate Antoniazzi	8	TNS	12.90 NWI
2 Lincoln Kostolanji	8	TNS	12.96 NWI

Boys 200 Meter Run 8 yrs

Meet Record: 32.72 M 16/09/2016 Connor Jackson

Name	Age	Team	Finals
Finals			
1 Nate Antoniazzi	8	TNS	37.07 NWI
2 Lincoln Kostolanji	8	TNS	41.04 NWI

Boys 60 Meter Hurdles 8 yrs

Meet Record: 9.28 M 3/09/2010 Joshua Deckert

Name	Age	Team	Finals
Finals			
1 Nate Antoniazzi	8	TNS	12.86 NWI
2 Lincoln Kostolanji	8	TNS	13.35 NWI

Boys High Jump 8 yrs

Meet Record: 1.15m M 20/08/2005 Clint Colledge

Name	Age	Team	Finals
Finals			
1 Nate Antoniazzi	8	TNS	0.99m
2 Lincoln Kostolanji	8	TNS	0.90m

Boys Shot Put 8 yrs

Meet Record: 8.05m M 17/08/2003 Levi Savage

Name	Age	Team	Finals
Finals			
1 Nate Antoniazzi	8	TNS	3.91m
2 Lincoln Kostolanji	8	TNS	2.40m

Boys 70 Meter Run 9 yrs

Meet Record: 10.80 M 8/08/1999 Chris Quirke/Joel Guirao (29/9/02)

Name	Age	Team	Finals
Finals			
1 Connor Jackson	9	TNS	11.49 NWI
2 Lochie Linden	9	TNS	12.06 NWI
3 Carter Koitka	9	TNS	12.17 NWI
4 Chance Horne	9	TNS	12.18 NWI
5 Blake Lindgren	9	TNS	12.72 NWI
6 Euan Roberts	9	TNS	13.85 NWI

Boys 200 Meter Run 9 yrs

Meet Record: 31.20 M 11/07/1999 Chris Quirke

Name	Age	Team	Finals
Finals			
1 Connor Jackson	9	TNS	33.11 NWI
2 Carter Koitka	9	TNS	34.66 NWI

3 Chance Horne	9	TNS	36.22 NWI
4 Lochie Linden	9	TNS	37.52 NWI
5 Blake Lindgren	9	TNS	37.91 NWI
6 Euan Roberts	9	TNS	43.66 NWI

Boys 60 Meter Hurdles 9 yrs

Meet Record: 11.90 M 8/09/2002 Brodie Adams

Name	Age	Team	Finals
Finals			
1 Lochie Linden	9	TNS	12.27 NWI
2 Carter Koitka	9	TNS	12.32 NWI
3 Chance Horne	9	TNS	12.80 NWI
4 Blake Lindgren	9	TNS	13.41 NWI
5 Ryder Hayes	9	TNS	15.01 NWI
6 Euan Roberts	9	TNS	15.04 NWI

Boys Long Jump 9 yrs

Meet Record: 3.99m M 5/09/1999 Chris Quirk

Name	Age	Team	Finals
Finals			
1 Connor Jackson	9	TNS	3.87m NWI
2 Lochie Linden	9	TNS	3.40m NWI
3 Carter Koitka	9	TNS	3.39m NWI
4 Chance Horne	9	TNS	3.09m NWI
5 Euan Roberts	9	TNS	2.81m NWI
6 Blake Lindgren	9	TNS	2.79m NWI
7 Ryder Hayes	9	TNS	2.60m NWI

Boys Shot Put 9 yrs

Meet Record: 8.22m M 17/08/1997 Adam Montague

Name	Age	Team	Finals
Finals			
1 Chance Horne	9	TNS	6.13m
2 Connor Jackson	9	TNS	5.77m
3 Lochie Linden	9	TNS	5.55m
4 Blake Lindgren	9	TNS	5.10m
5 Carter Koitka	9	TNS	4.33m
6 Euan Roberts	9	TNS	3.88m
7 Ryder Hayes	9	TNS	3.39m

Boys 70 Meter Run 10 yrs

Meet Record: 9.90 M 1/10/2000 James Buckby

Name	Age	Team	Finals
Finals			
1 Angus Nordine	10	TNS	11.55 NWI
2 Mitchell Hockaday	10	TNS	12.03 NWI
3 Blake Koitka	10	TNS	12.55 NWI
4 Dante Hayes	10	TNS	13.56 NWI

Boys 400 Meter Run 10 yrs

Meet Record: 70.30 M 1/10/2000 James Buckby

Name	Age	Team	Finals
Finals			
1 Angus Nordine	10	TNS	1:20.62
2 Blake Koitka	10	TNS	1:27.34
3 Mitchell Hockaday	10	TNS	1:31.85
4 Dante Hayes	10	TNS	1:48.33

Week 12 - Program 3b - 1/09/2017

Results

Boys 1500 Meter Run 10 yrs

Meet Record: 5:39.96 M 21/08/2015 Jordan Small

Name	Age	Team	Finals
Finals			
1 Mitchell Hockaday	10	TNS	6:03.76
2 Angus Nordine	10	TNS	7:12.47

Boys 60 Meter Hurdles 10 yrs

Meet Record: 10.60 M 24/08/2003 Frazer Tuohy-McCall

Name	Age	Team	Finals
Finals			
1 Blake Koitka	10	TNS	12.75 NWI
2 Angus Nordine	10	TNS	12.79 NWI
3 Mitchell Hockaday	10	TNS	13.51 NWI
4 Dante Hayes	10	TNS	14.85 NWI

Boys Long Jump 10 yrs

Meet Record: 4.61m M 14/09/2003 Joel Guirao

Name	Age	Team	Finals
Finals			
1 Mitchell Hockaday	10	TNS	3.65m NWI
2 Blake Koitka	10	TNS	3.46m NWI
3 Angus Nordine	10	TNS	3.20m NWI
4 Dante Hayes	10	TNS	2.85m NWI

Boys Javelin Throw 10 yrs

Meet Record: 38.15m M 6/09/1998 Adam Montague

Name	Age	Team	Finals
Finals			
1 Blake Koitka	10	TNS	14.04m
2 Mitchell Hockaday	10	TNS	13.78m
3 Angus Nordine	10	TNS	12.78m
4 Dante Hayes	10	TNS	10.05m

Boys 70 Meter Run 11 yrs

Meet Record: 9.70 M 8/04/2001 James Buckby

Name	Age	Team	Finals
Finals			
1 Axel Cernoia	11	TNS	11.29 NWI
2 Jake Wilson	11	TNS	11.34 NWI
3 Lachlan McCarthy	11	TNS	11.80 NWI
4 Malcolm O'Shaughnessy	11	TNS	12.21 NWI
5 Lachlan Denman	11	TNS	12.63 NWI
6 Nathan Bramley	11	TNS	14.78 NWI
7 Riley Oakley	11	TNS	15.24 NWI

Boys 400 Meter Run 11 yrs

Meet Record: 63.30 M 16/09/2001 James Buckby

Name	Age	Team	Finals
Finals			
1 Jake Wilson	11	TNS	75.02
2 Malcolm O'Shaughnessy	11	TNS	75.83
3 Axel Cernoia	11	TNS	1:20.72
4 Lachlan McCarthy	11	TNS	1:28.02
5 Nathan Bramley	11	TNS	1:28.37
6 Lachlan Denman	11	TNS	1:43.04

Boys 1500 Meter Run 11 yrs

Meet Record: 5:15.70 M 13/09/1998 Kelvin Baxter

Name	Age	Team	Finals
Finals			
1 Jake Wilson	11	TNS	6:25.18
2 Malcolm O'Shaughnessy	11	TNS	6:27.10

Boys 60 Meter Hurdles 11 yrs

Meet Record: 11.13 M 1/01/2013 Ryan Pickering

Name	Age	Team	Finals
Finals			
1 Axel Cernoia	11	TNS	12.40 NWI
2 Jake Wilson	11	TNS	12.74 NWI
3 Malcolm O'Shaughnessy	11	TNS	13.25 NWI
4 Nathan Bramley	11	TNS	15.63 NWI
5 Riley Oakley	11	TNS	20.90 NWI

Boys High Jump 11 yrs

Meet Record: 1.45m M 6/06/1998 Kelvin Baxter

Name	Age	Team	Finals
Finals			
1 Jake Wilson	11	TNS	1.15m
2 Axel Cernoia	11	TNS	1.15m
3 Nathan Bramley	11	TNS	1.10m
4 Malcolm O'Shaughnessy	11	TNS	1.05m
5 Lachlan McCarthy	11	TNS	1.00m
--- Riley Oakley	11	TNS	NH
--- Lachlan Denman	11	TNS	NH

Boys Discus Throw 11 yrs

Meet Record: 31.66m M 30/09/2001 Ben Henaway

Name	Age	Team	Finals
Finals			
1 Jake Wilson	11	TNS	13.60m
2 Nathan Bramley	11	TNS	12.26m
3 Malcolm O'Shaughnessy	11	TNS	11.97m
4 Riley Oakley	11	TNS	10.47m

Boys 70 Meter Run 12yrs

Meet Record: 9.20 M 11/08/2002 James Buckby

Name	Age	Team	Finals
Finals			
1 Kholan Hayes	12	TNS	10.40 NWI
2 Lachlan Doherty	12	TNS	10.44 NWI
3 Jai Chetham-O'Connor	12	TNS	11.51 NWI
4 Ezekiel Gray	12	TNS	12.91 NWI

Boys 200 Meter Run 12yrs

Meet Record: 24.40 M 29/09/2002 James Buckby

Name	Age	Team	Finals
Finals			
1 Kholan Hayes	12	TNS	31.04 NWI
2 Lachlan Doherty	12	TNS	32.07 NWI
3 Jai Chetham-O'Connor	12	TNS	34.91 NWI

Week 12 - Program 3b - 1/09/2017

Results

Boys 400 Meter Run 12yrs

Meet Record: 61.70 M 16/08/2005 Ryan Flynn

Name	Age	Team	Finals
Finals			
1	Kholan Hayes	12 TNS	76.66
2	Lachlan Doherty	12 TNS	1:20.62
3	Jai Chetham-O'Connor	12 TNS	1:23.66
4	Ezekiel Gray	12 TNS	1:44.14

Boys 1500 Meter Run 12yrs

Meet Record: 5:15.40 M 11/05/1997 Luke Crow

Name	Age	Team	Finals
Finals			
1	Jai Chetham-O'Connor	12 TNS	6:17.14
---	Lachlan Doherty	12 TNS	DNF

Boys Long Jump 12yrs

Meet Record: 5.17m M 14/10/2000 Julius Nyambane

Name	Age	Team	Finals
Finals			
1	Kholan Hayes	12 TNS	4.09m NWI
2	Lachlan Doherty	12 TNS	3.99m NWI
3	Jai Chetham-O'Connor	12 TNS	3.72m NWI
4	Ezekiel Gray	12 TNS	3.05m NWI

Boys Shot Put 12yrs

Meet Record: 11.01m M 24/02/2002 James Buckby

Name	Age	Team	Finals
Finals			
1	Kholan Hayes	12 TNS	6.86m
2	Jai Chetham-O'Connor	12 TNS	6.30m
3	Lachlan Doherty	12 TNS	5.98m

Boys 70 Meter Run 13yrs

Meet Record: 8.90 M 20/08/2006 Ryan Flynn

Name	Age	Team	Finals
Finals			
1	Michael Power	13 TNS	12.03 NWI

Boys 400 Meter Run 13yrs

Meet Record: 58.79 M 14/05/2006 Ryan Flynn

Name	Age	Team	Finals
Finals			
1	Michael Power	13 TNS	1:27.98

Boys 1500 Meter Run 13yrs

Meet Record: 4:56.61 M 30/08/2013 Matthew Maguire

Name	Age	Team	Finals
Finals			
1	Michael Power	13 TNS	6:59.36

Boys Triple Jump 13yrs

Meet Record: 11.50m M 20/08/2005 Corey Walk

Name	Age	Team	Finals
Finals			
1	Michael Power	13 TNS	7.72m NWI

Boys Javelin Throw 13yrs

Meet Record: 51.88m M 3/09/2005 Cory Walk

Name	Age	Team	Finals
Finals			
1	Michael Power	13 TNS	10.81m

Boys 70 Meter Run 14yrs

Meet Record: 8.55 M 15/05/2005 Michael Maloney

Name	Age	Team	Finals
Finals			
1	Ethan Pemmelaar	14 TNS	9.28 NWI
2	Max Silver	14 TNS	11.20 NWI

Boys 200 Meter Run 14yrs

Meet Record: 23.89 M 7/05/2010 Sherome Sailor

Name	Age	Team	Finals
Finals			
1	Ethan Pemmelaar	14 TNS	30.24 NWI
2	Max Silver	14 TNS	35.49 NWI

Boys 400 Meter Run 14yrs

Meet Record: 54.50 M 30/04/2010 Sherome Sailor

Name	Age	Team	Finals
Finals			
1	Ethan Pemmelaar	14 TNS	76.22
2	Max Silver	14 TNS	77.20

Boys Triple Jump 14yrs

Meet Record: 12.60m M 24/08/2012 Brenton Foster

Name	Age	Team	Finals
Finals			
1	Ethan Pemmelaar	14 TNS	10.76m NWI

Boys Discus Throw 14yrs

Meet Record: 52.60m M 15/08/1999 Jarrod Bannister

Name	Age	Team	Finals
Finals			
1	Ethan Pemmelaar	14 TNS	20.63m

Men Discus Throw 15yrs

Meet Record: 58.63m M 30/09/2001 Matthew Vaughan

Name	Age	Team	Finals
Finals			
1	Harvey Smith	15 TNS	44.02m

Men 70 Meter Run 16 -17yrs

Meet Record: 7.90 M 15/09/1991 Justin Smith

Name	Age	Team	Finals
Finals			
1	Charlie Le Feuvre	16 TNS	9.90 NWI

Men 400 Meter Run 16 -17yrs

Meet Record: 51.40 M 8/06/1975 Allan Flynn

Name	Age	Team	Finals
Finals			
1	Charlie Le Feuvre	16 TNS	62.13

Week 12 - Program 3b - 1/09/2017

Results

Men 1500 Meter Run 16 -17yrs

Meet Record: 4:35.00 M 24/04/1983 Dwainne Heilbronn

Name	Age	Team	Finals
1 Charlie Le Feuvre	16	TNS	5:11.17

Finals**Men 70 Meter Run Open**

Meet Record: 7.90 M 4/11/1995 Justin Smith

Name	Age	Team	Finals
1 Lindsey Hendy	20	TNS	9.10 NWI

Finals**Men 70 Meter Run 45-49yrs**

Meet Record: 8.83 M 2/09/2016 John Stokes

Name	Age	Team	Finals
1 Karl Denman	48	TNS	10.21 NWI

Finals**Men Javelin Throw 45-49yrs**

Meet Record: 32.00m M 11/08/1996 Alan Forte

Name	Age	Team	Finals
1 Karl Denman	48	TNS	29.55m

Finals**Men 70 Meter Run 50-54yrs**

Meet Record: 9.10 M 10/10/1999 Brian Hartwell

Name	Age	Team	Finals
1 Peter Kanowski	56	TNS	9.99 NWI
2 Leigh Gray	53	TNS	11.00 NWI

Finals**Men 200 Meter Run 50-54yrs**

Meet Record: 26.30 M 10/10/1999 Brian Hartwell

Name	Age	Team	Finals
1 Leigh Gray	53	TNS	34.90 NWI

Finals**Men 400 Meter Run 50-54yrs**

Meet Record: 60.76 M 17/05/2013 Peter Kanowski

Name	Age	Team	Finals
1 Peter Kanowski	56	TNS	66.34
2 Leigh Gray	53	TNS	77.60

Finals**Men High Jump 50-54yrs**

Meet Record: 1.50m M 17/05/2013 Peter Kanowski

Name	Age	Team	Finals
1 Peter Kanowski	56	TNS	1.45m
2 Leigh Gray	53	TNS	1.15m

Finals**Men Javelin Throw 50-54yrs**

Meet Record: 37.36m M 13/05/2016 Leigh Gray

Name	Age	Team	Finals
1 Leigh Gray	53	TNS	31.57m
2 Peter Kanowski	56	TNS	21.53m

Finals