

## Week 7 - Program 1a - 28/07/2017

## Results

**Girls 70 Meter Run 5yrs**

Meet Record: 13.20 M 27/07/2001 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Lacey Walters	5	TNS	17.00 NWI
2 Addison Goodwin	5	TNS	19.01 NWI
3 Lillian Ponti	5	TNS	19.11 NWI

**Girls 80 Meter Run 5yrs**

Meet Record: 15.40 M 26/08/2001 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Lacey Walters	5	TNS	19.10 NWI
2 Lillian Ponti	5	TNS	21.25 NWI
3 Addison Goodwin	5	TNS	21.26 NWI

**Girls 100 Meter Run 5yrs**

Meet Record: 19.30 M 20/08/2005 Neve Houlihan

Name	Age	Team	Finals
<b>Finals</b>			
1 Lacey Walters	5	TNS	25.94 NWI
2 Addison Goodwin	5	TNS	27.91 NWI
3 Lillian Ponti	5	TNS	28.75 NWI

**Girls Long Jump 5yrs**

Meet Record: 2.64m M 21/07/2017 Georgia Gamble

Name	Age	Team	Finals
<b>Finals</b>			
1 Addison Goodwin	5	TNS	1.57m NWI
2 Lacey Walters	5	TNS	1.49m NWI
3 Lillian Ponti	5	TNS	0.83m NWI

**Girls Shot Put 5yrs**

Meet Record: 5.40m M 20/03/2005 Tyla Stallan

Name	Age	Team	Finals
<b>Finals</b>			
1 Lacey Walters	5	TNS	2.26m
2 Addison Goodwin	5	TNS	2.08m
3 Lillian Ponti	5	TNS	1.78m

**Girls 70 Meter Run 6yrs**

Meet Record: 13.00 M 11/08/2002 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Lilly McCormack	6	TNS	14.52 NWI
2 Matilda Linden	6	TNS	15.24 NWI
3 Addison Doherty	6	TNS	17.23 NWI
4 Elena Knight	6	TNS	18.23 NWI
5 Meredith Roberts	6	TNS	19.44 NWI

**Girls 80 Meter Run 6yrs**

Meet Record: 14.40 M 14/07/2002 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Lilly McCormack	6	TNS	16.87 NWI
2 Matilda Linden	6	TNS	17.56 NWI
3 Addison Doherty	6	TNS	18.85 NWI

4 Meredith Roberts	6	TNS	19.07 NWI
5 Elena Knight	6	TNS	20.51 NWI

**Girls 100 Meter Run 6yrs**

Meet Record: 18.30 M 15/08/1999 Amy Buchanan

Name	Age	Team	Finals
<b>Finals</b>			
1 Lilly McCormack	6	TNS	20.99 NWI
2 Meredith Roberts	6	TNS	23.83 NWI
3 Addison Doherty	6	TNS	25.65 NWI
4 Elena Knight	6	TNS	26.14 NWI

**Girls Long Jump 6yrs**

Meet Record: 2.93m M 11/07/1999 Amy Buchanan

Name	Age	Team	Finals
<b>Finals</b>			
1 Matilda Linden	6	TNS	2.40m NWI
2 Meredith Roberts	6	TNS	1.77m NWI
3 Elena Knight	6	TNS	1.49m NWI
4 Addison Doherty	6	TNS	1.39m NWI
--- Lilly McCormack	6	TNS	FOUL

**Girls Shot Put 6yrs**

Meet Record: 4.82m M 26/05/2002 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Matilda Linden	6	TNS	2.75m
1 Elena Knight	6	TNS	2.75m
3 Addison Doherty	6	TNS	2.48m
4 Lilly McCormack	6	TNS	2.36m
5 Meredith Roberts	6	TNS	1.70m

**Girls 70 Meter Run 7yrs**

Meet Record: 11.60 M 15/10/2000 Teagan Edwards

Name	Age	Team	Finals
<b>Finals</b>			
1 Breanna Simpson	7	TNS	12.94 NWI
2 Rubee Hughes	7	TNS	13.31 NWI
3 Eva Donegan	7	TNS	13.69 NWI
4 Cherri Miles	7	TNS	13.97 NWI
5 Abigail Ponti	7	TNS	14.04 NWI
6 Lara Burgers	7	TNS	14.25 NWI
7 Arcadia Botham	7	TNS	14.58 NWI
8 Keira Pearce	7	TNS	14.80 NWI
9 Emily Gamble	7	TNS	14.86 NWI
10 Kayla Hockaday	7	TNS	15.09 NWI
11 Claudia Koitka	7	TNS	15.67 NWI
12 Chiara Parenti	7	TNS	16.79 NWI
13 Hailee Melvin	7	TNS	16.90 NWI
14 Hailey Knight	7	TNS	18.29 NWI
15 Ava Connery	7	TNS	18.35 NWI

**Girls 80 Meter Run 7yrs**

Meet Record: 13.30 M 14/10/2000 Teagan Edwards

Name	Age	Team	Finals
<b>Finals</b>			
1 Breanna Simpson	7	TNS	14.69 NWI
2 Rubee Hughes	7	TNS	15.01 NWI

## Week 7 - Program 1a - 28/07/2017

## Results

## Finals ... (Girls 80 Meter Run 7yrs)

Name	Age	Team	Finals
3 Eva Donegan	7	TNS	15.39 NWI
4 Lara Burgers	7	TNS	15.81 NWI
5 Cherri Miles	7	TNS	15.83 NWI
5 Abigail Ponti	7	TNS	15.83 NWI
7 Keira Pearce	7	TNS	16.67 NWI
8 Arcadia Botham	7	TNS	16.71 NWI
9 Emily Gamble	7	TNS	16.77 NWI
10 Claudia Koitka	7	TNS	17.38 NWI
11 Kayla Hockaday	7	TNS	17.44 NWI
12 Hailee Melvin	7	TNS	18.51 NWI
13 Chiara Parenti	7	TNS	19.97 NWI
14 Ava Connery	7	TNS	20.98 NWI
15 Hailey Knight	7	TNS	22.04 NWI

## Girls 100 Meter Run 7yrs

Meet Record: 16.80 M 14/10/2000 Teagan Edwards

Name	Age	Team	Finals
<b>Finals</b>			
1 Eva Donegan	7	TNS	19.25 NWI
2 Rubee Hughes	7	TNS	19.79 NWI
3 Abigail Ponti	7	TNS	20.31 NWI
4 Cherri Miles	7	TNS	20.69 NWI
5 Keira Pearce	7	TNS	20.95 NWI
6 Lara Burgers	7	TNS	21.36 NWI
7 Arcadia Botham	7	TNS	21.74 NWI
8 Emily Gamble	7	TNS	21.77 NWI
9 Kayla Hockaday	7	TNS	22.17 NWI
10 Hailee Melvin	7	TNS	24.15 NWI
11 Chiara Parenti	7	TNS	24.85 NWI
12 Hailey Knight	7	TNS	26.57 NWI
13 Ava Connery	7	TNS	27.01 NWI

## Girls Long Jump 7yrs

Meet Record: 3.49m M 14/09/2003 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Rubee Hughes	7	TNS	2.71m NWI
2 Breanna Simpson	7	TNS	2.44m NWI
3 Kayla Hockaday	7	TNS	2.34m NWI
4 Keira Pearce	7	TNS	2.20m NWI
5 Chiara Parenti	7	TNS	2.13m NWI
6 Lara Burgers	7	TNS	2.10m NWI
7 Arcadia Botham	7	TNS	2.03m NWI
7 Eva Donegan	7	TNS	2.03m NWI
7 Abigail Ponti	7	TNS	2.03m NWI
10 Hailee Melvin	7	TNS	1.97m NWI
11 Hailey Knight	7	TNS	1.84m NWI
12 Cherri Miles	7	TNS	1.58m NWI
--- Ava Connery	7	TNS	FOUL
--- Emily Gamble	7	TNS	FOUL

## Girls Discus Throw 7yrs

Meet Record: 14.70m M 13/08/2000 Kelly O'Connor

Name	Age	Team	Finals
<b>Finals</b>			
1 Keira Pearce	7	TNS	8.76m
2 Emily Gamble	7	TNS	6.49m
3 Chiara Parenti	7	TNS	6.14m
4 Lara Burgers	7	TNS	5.77m
5 Rubee Hughes	7	TNS	5.43m
6 Claudia Koitka	7	TNS	5.03m
7 Hailee Melvin	7	TNS	5.01m
8 Cherri Miles	7	TNS	4.63m
9 Eva Donegan	7	TNS	4.58m
10 Kayla Hockaday	7	TNS	4.51m
11 Breanna Simpson	7	TNS	4.34m
12 Hailey Knight	7	TNS	4.31m
13 Arcadia Botham	7	TNS	4.00m
14 Abigail Ponti	7	TNS	3.76m
15 Ava Connery	7	TNS	3.31m

## Girls 80 Meter Run 8 yrs

Meet Record: 12.70 M 18/05/2003 Tayla Little

Name	Age	Team	Finals
<b>Finals</b>			
1 Nahla Heinemann	8	TNS	14.19 NWI
2 Alannah Goodwin	8	TNS	14.25 NWI
3 Bella McGowan	8	TNS	14.49 NWI
4 Mackenzie Ryan	8	TNS	14.73 NWI
5 Amara Courtney	8	TNS	15.75 NWI
6 Georgia Docherty	8	TNS	16.16 NWI
7 Aaliyah Heilbronn	8	TNS	16.31 NWI
8 Remi McDonald	8	TNS	16.48 NWI
9 Telisalee Catmull	8	TNS	17.05 NWI
10 Jade Gourley	8	TNS	17.54 NWI

## Girls 100 Meter Run 8 yrs

Meet Record: 16.10 M 23/06/1996 Rachael Finch/Tayla Little (24/08/00)

Name	Age	Team	Finals
<b>Finals</b>			
1 Bella McGowan	8	TNS	17.53 NWI
2 Mackenzie Ryan	8	TNS	17.71 NWI
3 Alannah Goodwin	8	TNS	17.82 NWI
4 Nahla Heinemann	8	TNS	18.06 NWI
5 Remi McDonald	8	TNS	20.30 NWI
6 Aaliyah Heilbronn	8	TNS	20.40 NWI
7 Telisalee Catmull	8	TNS	21.74 NWI
8 Georgia Docherty	8	TNS	22.74 NWI
9 Jade Gourley	8	TNS	23.00 NWI

## Girls 800 Meter Run 8 yrs

Meet Record: 3:12.20 M 24/08/2012 Kira Lynch

Name	Age	Team	Finals
<b>Finals</b>			
1 Mackenzie Ryan	8	TNS	3:30.71
2 Bella McGowan	8	TNS	3:37.36
3 Alannah Goodwin	8	TNS	3:38.65

## Week 7 - Program 1a - 28/07/2017

## Results

**Finals ... (Girls 800 Meter Run 8 yrs)**

Name	Age	Team	Finals
4 Nahla Heinemann	8	TNS	3:42.16
5 Amara Courtney	8	TNS	3:42.67
6 Telisalee Catmull	8	TNS	3:43.26
7 Georgia Docherty	8	TNS	4:11.48
8 Remi McDonald	8	TNS	4:24.27

**Girls Long Jump 8 yrs**

Meet Record: 3.70m M 2/06/1996 Rachael Finch

Name	Age	Team	Finals
<b>Finals</b>			
1 Alannah Goodwin	8	TNS	2.91m NWI
2 Mackenzie Ryan	8	TNS	2.55m NWI
3 Remi McDonald	8	TNS	2.47m NWI
4 Bella McGowan	8	TNS	2.45m NWI
5 Georgia Docherty	8	TNS	2.43m NWI
6 Nahla Heinemann	8	TNS	2.20m NWI
7 Amara Courtney	8	TNS	2.18m NWI
8 Telisalee Catmull	8	TNS	2.17m NWI
9 Jade Gourley	8	TNS	1.69m NWI
--- Aaliyah Heilbronn	8	TNS	FOUL

**Girls Discus Throw 8 yrs**

Meet Record: 18.76m M 1/10/2000 Jazmine Harris

Name	Age	Team	Finals
<b>Finals</b>			
1 Amara Courtney	8	TNS	10.65m
2 Georgia Docherty	8	TNS	10.10m
3 Alannah Goodwin	8	TNS	8.11m
4 Mackenzie Ryan	8	TNS	7.90m
5 Nahla Heinemann	8	TNS	6.69m
6 Telisalee Catmull	8	TNS	6.52m
7 Aaliyah Heilbronn	8	TNS	6.44m
8 Bella McGowan	8	TNS	6.05m
9 Jade Gourley	8	TNS	5.25m

**Girls 80 Meter Run 9 yrs**

Meet Record: 12.30 M 1/09/1997 A-M Smeaton/Emily Williams (14/1

Name	Age	Team	Finals
<b>Finals</b>			
1 Willow Dean	9	TNS	13.01 NWI
2 Keely Flynn	9	TNS	13.38 NWI
3 Ava Sheerin	9	TNS	13.73 NWI
4 Mackenzie Gilchrist	9	TNS	13.76 NWI
5 Shiqeita Maloney	9	TNS	14.00 NWI
6 Evoltia Tuala	9	TNS	14.06 NWI
7 Hannah May	9	TNS	14.19 NWI
8 Peyton Wedel	9	TNS	14.69 NWI
9 Tamika Owen	9	TNS	14.71 NWI
10 Indiana Thomas	9	TNS	14.74 NWI
11 Katelyn Denman	9	TNS	14.94 NWI
12 Halle Burgers	9	TNS	15.03 NWI
13 Ameila Ponti	9	TNS	15.46 NWI
14 Chloe Parenti	9	TNS	16.41 NWI

**Girls 100 Meter Run 9 yrs**

Meet Record: 15.10 M 13/07/1997 Rachael Finch

Name	Age	Team	Finals
<b>Finals</b>			
1 Willow Dean	9	TNS	16.82 NWI
2 Keely Flynn	9	TNS	17.09 NWI
3 Shiqeita Maloney	9	TNS	17.53 NWI
4 Ava Sheerin	9	TNS	17.65 NWI
5 Mackenzie Gilchrist	9	TNS	17.82 NWI
6 Evoltia Tuala	9	TNS	17.84 NWI
7 Hannah May	9	TNS	18.33 NWI
8 Indiana Thomas	9	TNS	18.87 NWI
8 Katelyn Denman	9	TNS	18.87 NWI
10 Halle Burgers	9	TNS	18.90 NWI
11 Ameila Ponti	9	TNS	18.95 NWI
12 Tamika Owen	9	TNS	19.13 NWI
13 Peyton Wedel	9	TNS	20.34 NWI
14 Chloe Parenti	9	TNS	20.97 NWI

**Girls 800 Meter Run 9 yrs**

Meet Record: 2:54.39 M 25/07/2014 Madeline Mathews

Name	Age	Team	Finals
<b>Finals</b>			
1 Shiqeita Maloney	9	TNS	3:22.46
2 Hannah May	9	TNS	3:24.99
3 Mackenzie Gilchrist	9	TNS	3:31.46
4 Keely Flynn	9	TNS	3:33.13
5 Katelyn Denman	9	TNS	3:34.97
6 Chloe Parenti	9	TNS	3:38.61
7 Ava Sheerin	9	TNS	3:43.48
8 Willow Dean	9	TNS	3:46.87
9 Halle Burgers	9	TNS	3:55.75
10 Indiana Thomas	9	TNS	4:09.51

**Girls High Jump 9 yrs**

Meet Record: 1.18m M 1/01/2014 Madeline Mathews

Name	Age	Team	Finals
<b>Finals</b>			
1 Chloe Parenti	9	TNS	1.07m
2 Willow Dean	9	TNS	1.00m
3 Shiqeita Maloney	9	TNS	0.95m
4 Hannah May	9	TNS	0.90m
5 Tamika Owen	9	TNS	J0.90m
6 Ameila Ponti	9	TNS	0.85m
7 Katelyn Denman	9	TNS	J0.85m
8 Halle Burgers	9	TNS	J0.85m
9 Ava Sheerin	9	TNS	0.80m
10 Mackenzie Gilchrist	9	TNS	0.75m
11 Evoltia Tuala	9	TNS	J0.75m
--- Keely Flynn	9	TNS	NH

## Week 7 - Program 1a - 28/07/2017

## Results

**Girls Javelin Throw 9 yrs**

Meet Record: 12.17m M 28/07/2017 Peyton Wedel

Meet Record: 12.17m M 28/07/2017 Peyton Wedel

Name	Age	Team	Finals
<b>Finals</b>			
1 Peyton Wedel	9	TNS	12.17mM
2 Mackenzie Gilchrist	9	TNS	11.85m
3 Evoltia Tuala	9	TNS	9.21m
4 Willow Dean	9	TNS	8.75m
5 Chloe Parenti	9	TNS	8.05m
6 Tamika Owen	9	TNS	7.17m
7 Shiqeita Maloney	9	TNS	6.63m
8 Keely Flynn	9	TNS	6.48m
9 Ameila Ponti	9	TNS	6.46m
10 Indiana Thomas	9	TNS	5.61m
11 Halle Burgers	9	TNS	5.37m
12 Hannah May	9	TNS	5.29m
13 Katelyn Denman	9	TNS	5.23m
14 Ava Sheerin	9	TNS	5.03m

**Girls 100 Meter Run 10 yrs**

Meet Record: 14.57 M 10/07/2005 Tayla Little

Name	Age	Team	Finals
<b>Finals</b>			
1 Alannah Gomez	10	TNS	15.49 NWI
2 Lillian Hughes	10	TNS	15.88 NWI
3 Ellie Thomson	10	TNS	17.64 NWI
4 Charli Botham	10	TNS	17.71 NWI
5 Olivia Horn	10	TNS	17.75 NWI
6 Sienna Matthews	10	TNS	18.98 NWI

**Girls 200 Meter Run 10 yrs**

Meet Record: 30.02 M 3/09/2005 Tayla Little

Name	Age	Team	Finals
<b>Finals</b>			
1 Lillian Hughes	10	TNS	32.55 NWI
2 Charli Botham	10	TNS	37.85 NWI
3 Olivia Horn	10	TNS	39.42 NWI
4 Ellie Thomson	10	TNS	42.24 NWI
5 Sienna Matthews	10	TNS	44.54 NWI
6 Lily-marie Audas-Gray	10	TNS	46.77 NWI

**Girls 800 Meter Run 10 yrs**

Meet Record: 2:50.30 M 17/08/2003 Garai Captain

Name	Age	Team	Finals
<b>Finals</b>			
1 Charli Botham	10	TNS	3:04.31
2 Alannah Gomez	10	TNS	3:08.05
3 Lillian Hughes	10	TNS	3:19.72
4 Ellie Thomson	10	TNS	4:06.27
5 Sienna Matthews	10	TNS	4:06.52

**Girls 1500 Meter Run 10 yrs**

Meet Record: 5:48.50 M 16/06/1996 Jodie Searle

Name	Age	Team	Finals
<b>Finals</b>			
1 Charli Botham	10	TNS	6:45.38

**Girls High Jump 10 yrs**

Meet Record: 1.22m M 30/09/2001 Katrina Stevenson

Name	Age	Team	Finals
<b>Finals</b>			
1 Alannah Gomez	10	TNS	1.20m
2 Olivia Horn	10	TNS	1.07m
3 Ellie Thomson	10	TNS	1.02m
4 Lillian Hughes	10	TNS	0.97m
5 Charli Botham	10	TNS	0.97m

**Girls Discus Throw 10 yrs**

Meet Record: 20.72m M 26/08/2001 Stephanie Rhead

Name	Age	Team	Finals
<b>Finals</b>			
1 Lily-marie Audas-Gray	10	TNS	15.22m
2 Alannah Gomez	10	TNS	11.39m
3 Lillian Hughes	10	TNS	10.82m
4 Charli Botham	10	TNS	9.05m
5 Sienna Matthews	10	TNS	8.00m
6 Ellie Thomson	10	TNS	6.54m
7 Olivia Horn	10	TNS	6.00m

**Girls 100 Meter Run 11 yrs**

Meet Record: 13.60 M 6/09/1998 Anne-Marie Smeaton

Name	Age	Team	Finals
<b>Finals</b>			
1 Jessie Wintour	11	TNS	15.17 NWI
2 Kylah Wiseman	11	TNS	15.78 NWI
3 Madeline Connery	11	TNS	16.58 NWI
4 Sophie Griffin	11	TNS	17.67 NWI
5 Hannah Connery	11	TNS	18.96 NWI

**Girls 200 Meter Run 11 yrs**

Meet Record: 28.61 M 20/08/2006 Tayla Little

Name	Age	Team	Finals
<b>Finals</b>			
1 Jessie Wintour	11	TNS	31.30 NWI
2 Madeline Connery	11	TNS	34.49 NWI

**Girls 800 Meter Run 11 yrs**

Meet Record: 2:39.20 M 22/08/2014 Lauren Nugent

Name	Age	Team	Finals
<b>Finals</b>			
1 Madeline Connery	11	TNS	3:26.71

**Girls Long Jump 11 yrs**

Meet Record: 4.85m M 9/09/2006 Tayla Little

Name	Age	Team	Finals
<b>Finals</b>			
1 Jessie Wintour	11	TNS	3.84m NWI
2 Kylah Wiseman	11	TNS	3.71m NWI
3 Madeline Connery	11	TNS	3.28m NWI
4 Hannah Connery	11	TNS	3.14m NWI
5 Sophie Griffin	11	TNS	3.02m NWI

## Week 7 - Program 1a - 28/07/2017

## Results

**Girls Shot Put 11 yrs**

Meet Record: 9.91m M 29/09/2002 Narelle Clerk

Name	Age	Team	Finals
<b>Finals</b>			
1	Jessie Wintour	11 TNS	7.42m
2	Kylah Wiseman	11 TNS	5.63m
3	Hannah Connery	11 TNS	5.28m
4	Madeline Connery	11 TNS	5.05m
5	Maria Osta	11 TNS	3.97m

**Girls 100 Meter Run 12yrs**

Meet Record: 13.10 M 29/08/1999 Anne-Marie Smeaton

Name	Age	Team	Finals
<b>Finals</b>			
1	Madeline Mathews	12 TNS	14.60 NWI
2	Zoe Mentor	12 TNS	14.87 NWI
3	Phillipa Dowling	12 TNS	15.57 NWI
4	Daisy Warnock	12 TNS	15.69 NWI
5	Olivia Jackson	12 TNS	16.20 NWI
6	Taliya Pearce	12 TNS	16.78 NWI
7	Jorja Penny	12 TNS	16.98 NWI
8	Bree McCallion	12 TNS	17.84 NWI

**Girls 200 Meter Run 12yrs**

Meet Record: 27.60 M 10/10/1999 Amanda West

Name	Age	Team	Finals
<b>Finals</b>			
1	Taliya Pearce	12 TNS	36.20 NWI

**Girls 800 Meter Run 12yrs**

Meet Record: 2:27.44 M 20/08/2005 Isis Flynn-Pittar

Name	Age	Team	Finals
<b>Finals</b>			
1	Madeline Mathews	12 TNS	2:46.77
2	Jorja Penny	12 TNS	3:08.35
3	Taliya Pearce	12 TNS	3:27.93

**Girls Triple Jump 12yrs**

Meet Record: 10.29m M 20/06/1999 Amanda West

Name	Age	Team	Finals
<b>Finals</b>			
1	Phillipa Dowling	12 TNS	7.76m NWI
2	Jorja Penny	12 TNS	7.31m NWI
3	Taliya Pearce	12 TNS	6.55m NWI
4	Olivia Jackson	12 TNS	6.24m NWI

**Girls Discus Throw 12yrs**

Meet Record: 38.96m M 15/08/1999 Julie Bennell

Name	Age	Team	Finals
<b>Finals</b>			
1	Taliya Pearce	12 TNS	14.54m
2	Olivia Jackson	12 TNS	13.10m
3	Daisy Warnock	12 TNS	12.59m
4	Zoe Mentor	12 TNS	10.46m
5	Phillipa Dowling	12 TNS	8.02m

**Girls 100 Meter Run 13yrs**

Meet Record: 13.20 M 14/10/2000 Julie Bennell

Name	Age	Team	Finals
<b>Finals</b>			
1	Peta Dickinson	13 TNS	14.09 NWI
2	Riley de Rooy	13 TNS	15.57 NWI
3	Kenicia Catmull	13 TNS	15.89 NWI
4	Tatjana Roberts	13 TNS	15.93 NWI
5	Kaylee Fitzsimmons	13 TNS	16.11 NWI
6	Louise Heilbronn	13 TNS	16.14 NWI
7	Maria Wilson	13 TNS	17.00 NWI

**Girls 200 Meter Run 13yrs**

Meet Record: 26.60 M 26/06/2005 Meghann Hietamaki

Name	Age	Team	Finals
<b>Finals</b>			
1	Peta Dickinson	13 TNS	29.64 NWI
2	Riley de Rooy	13 TNS	32.45 NWI
3	Kenicia Catmull	13 TNS	33.28 NWI
4	Tatjana Roberts	13 TNS	33.95 NWI
5	Louise Heilbronn	13 TNS	36.56 NWI
6	Maria Wilson	13 TNS	36.84 NWI

**Girls 800 Meter Run 13yrs**

Meet Record: 2:24.30 M 14/09/1997 Jodie Parravicini

Name	Age	Team	Finals
<b>Finals</b>			
1	Kaylee Fitzsimmons	13 TNS	3:19.93
2	Maria Wilson	13 TNS	3:31.72

**Girls 3000 Meter Run 13yrs**

Meet Record: 11:20.30 M 7/09/1997 Kelly Maloney

Name	Age	Team	Finals
<b>Finals</b>			
1	Maria Wilson	13 TNS	20:32.50

**Girls 200 Meter Hurdles 13yrs**

Meet Record: 31.90 M 15/10/2000 Anne-Marie Smeaton

Name	Age	Team	Finals
<b>Finals</b>			
1	Riley de Rooy	13 TNS	40.40 NWI
2	Maria Wilson	13 TNS	43.38 NWI

**Girls High Jump 13yrs**

Meet Record: 1.55m M 5/03/2005 Jessica Prentice , Kimberley Jenner

Name	Age	Team	Finals
<b>Finals</b>			
1	Maria Wilson	13 TNS	1.30m
2	Tatjana Roberts	13 TNS	1.25m
2	Riley de Rooy	13 TNS	1.25m
4	Peta Dickinson	13 TNS	1.15m
4	Kaylee Fitzsimmons	13 TNS	1.15m
---	Louise Heilbronn	13 TNS	NH

## Week 7 - Program 1a - 28/07/2017

## Results

**Girls Shot Put 13yrs**

Meet Record: 11.46m M 3/09/2000 Julie Bennell

Name	Age	Team	Finals
<b>Finals</b>			
1 Riley de Rooy	13	TNS	7.42m
2 Tatjana Roberts	13	TNS	6.14m
3 Louise Heilbronn	13	TNS	5.94m
4 Peta Dickinson	13	TNS	5.89m
5 Kenicia Catmull	13	TNS	5.53m
6 Maria Wilson	13	TNS	5.44m

**Girls 100 Meter Run 14yrs**

Meet Record: 12.90 M 15/07/2001 Julie Bennell

Name	Age	Team	Finals
<b>Finals</b>			
1 Charlie Carlos	14	TNS	14.36 NWI
2 Isabel Nordine	14	TNS	15.56 NWI

**Girls 200 Meter Run 14yrs**

Meet Record: 26.40 M 1/07/2001 Rachael Phillips

Name	Age	Team	Finals
<b>Finals</b>			
1 Charlie Carlos	14	TNS	29.94 NWI
2 Isabel Nordine	14	TNS	31.35 NWI

**Girls 800 Meter Run 14yrs**

Meet Record: 2:23.20 M 12/07/1998 Jodie Parravicini

Name	Age	Team	Finals
<b>Finals</b>			
1 Brittany Courtney	14	TNS	2:48.44
2 Isabel Nordine	14	TNS	4:08.14

**Girls 1 Mile Run 14yrs**

Meet Record: 7:27.93 M 28/07/2017 Brittany Courtney

Meet Record: 7:27.93 M 28/07/2017 Brittany Courtney

Name	Age	Team	Finals
<b>Finals</b>			
1 Brittany Courtney	14	TNS	7:27.93M

**Girls 3000 Meter Run 14yrs**

Meet Record: 10:56.40 M 1998 Kelly Maloney

Name	Age	Team	Finals
<b>Finals</b>			
1 Isabel Nordine	14	TNS	21:28.70

**Girls 200 Meter Hurdles 14yrs**

Meet Record: 29.60 M 31/05/1998 Emily Anderson

Name	Age	Team	Finals
<b>Finals</b>			
1 Isabel Nordine	14	TNS	41.85 NWI

**Girls High Jump 14yrs**

Meet Record: 1.61m M 31/08/2012 Kimberley Jenner

Name	Age	Team	Finals
<b>Finals</b>			
1 Charlie Carlos	14	TNS	1.35m
2 Isabel Nordine	14	TNS	1.15m

**Girls Javelin Throw 14yrs**

Meet Record: 36.08m M 1/06/2012 Annelise Pretzsch-Kalsgaard

Name	Age	Team	Finals
<b>Finals</b>			
1 Brittany Courtney	14	TNS	15.01m
2 Charlie Carlos	14	TNS	14.77m
3 Isabel Nordine	14	TNS	9.66m

**Girls 1 Mile Run 15yrs**

Meet Record: 7:41.81 M 28/07/2017 Amy Cummins

Meet Record: 7:41.81 M 28/07/2017 Amy Cummins

Name	Age	Team	Finals
<b>Finals</b>			
1 Amy Cummins	15	TNS	7:41.81M

**Women 100 Meter Run 15yrs**

Meet Record: 12.40 M 25/05/1986 Rebecca Xinos

Name	Age	Team	Finals
<b>Finals</b>			
1 Jorja McDonald	15	TNS	14.16 NWI
2 Amy Cummins	15	TNS	15.56 NWI

**Women 200 Meter Run 15yrs**

Meet Record: 25.50 M 15/10/1995 Colleen Rehbein

Name	Age	Team	Finals
<b>Finals</b>			
1 Jorja McDonald	15	TNS	28.63 NWI

**Women 800 Meter Run 15yrs**

Meet Record: 2:22.70 M 6/06/1999 Kelly Maloney

Name	Age	Team	Finals
<b>Finals</b>			
1 Sarah Van Hoof	15	TNS	2:55.64
2 Amy Cummins	15	TNS	3:21.39

**Women High Jump 15yrs**

Meet Record: 1.65m M 21/06/2013 Kimberley Jenner

Name	Age	Team	Finals
<b>Finals</b>			
1 Jorja McDonald	15	TNS	1.50m
2 Amy Cummins	15	TNS	1.25m

**Women Javelin Throw 15yrs**

Meet Record: 36.76m M 19/07/2013 Annelise Pretzsch-Kalsgaard

Name	Age	Team	Finals
<b>Finals</b>			
1 Amy Cummins	15	TNS	11.86m

**Women 100 Meter Run 16 -17yrs**

Meet Record: 12.40 M 14/10/2000 Regina Williams, Rebecca James(14)

Name	Age	Team	Finals
<b>Finals</b>			
1 Kasja Souter	17	TNS	13.39 NWI

## Week 7 - Program 1a - 28/07/2017

## Results

**Women 800 Meter Run 16 -17yrs**

Meet Record: 2:28.15 M 28/07/2017 Shirley Alcock

Meet Record: 2:28.15 M 28/07/2017 Shirley Alcock

Name	Age	Team	Finals
<b>Finals</b>			
1 Shirley Alcock	16	TNS	2:28.15M

**Women Long Jump 16 -17yrs**

Meet Record: 5.84m M 5/08/2006 Katie Cox

Name	Age	Team	Finals
<b>Finals</b>			
1 Kasja Souter	17	TNS	5.27m NWI

**Women Shot Put 16 -17yrs**

Meet Record: 11.23m M 11/06/2017 Kasja Souter

Name	Age	Team	Finals
<b>Finals</b>			
1 Kasja Souter	17	TNS	10.66m

**Women 100 Meter Run Open**

Meet Record: 12.58 M 28/08/2015 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Tori West	22	TNS	12.92 NWI
2 Alexandra Kanowski	23	TNS	13.28 NWI
3 Shana-Jaye Moore	29	TNS	15.76 NWI

**Women 200 Meter Run Open**

Meet Record: 25.80 M 26/09/1976 Cheryl Jacobsen

Name	Age	Team	Finals
<b>Finals</b>			
1 Alexandra Kanowski	23	TNS	27.30 NWI

**Women 800 Meter Run Open**

Meet Record: 2:24.82 M 21/08/2005 Roseanna Doolan

Name	Age	Team	Finals
<b>Finals</b>			
1 Alexandra Kanowski	23	TNS	2:53.95

**Women Long Jump Open**

Meet Record: 5.33m M 19/09/2014 Merissa Colledge

Name	Age	Team	Finals
<b>Finals</b>			
1 Tori West	22	TNS	5.25m NWI
2 Alexandra Kanowski	23	TNS	5.09m NWI
3 Shana-Jaye Moore	29	TNS	2.31m NWI

**Women Shot Put Open**

Meet Record: 12.25m M 28/07/2017 Tori West

Meet Record: 12.25m M 28/07/2017 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Tori West	22	TNS	12.25mM
2 Shana-Jaye Moore	29	TNS	5.14m

**Women 100 Meter Run 40-44yrs**

Meet Record: 13.60 M 11/04/1999 Yvonne Mullins

Name	Age	Team	Finals
<b>Finals</b>			
1 Debbie (Shantal) Mentor	44	TNS	16.12 NWI
2 Racheal Jackson	43	TNS	17.44 NWI

**Women Long Jump 40-44yrs**

Meet Record: 4.29m M 6/08/1995 Bev Tomkins

Name	Age	Team	Finals
<b>Finals</b>			
1 Debbie (Shantal) Mentor	44	TNS	2.98m NWI
2 Racheal Jackson	43	TNS	2.88m NWI

**Women Shot Put 40-44yrs**

Meet Record: 8.84m M 28/06/2015 Leah Peach

Name	Age	Team	Finals
<b>Finals</b>			
1 Racheal Jackson	43	TNS	6.58m
2 Debbie (Shantal) Mentor	44	TNS	5.43m

**Boys 70 Meter Run 5yrs**

Meet Record: 13.00 M 15/10/2000 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1 Edward De Lacy	5	TNS	16.23 NWI
2 Cooper Darr	5	TNS	16.24 NWI
3 Ryan Makowski	5	TNS	19.18 NWI

**Boys 80 Meter Run 5yrs**

Meet Record: 14.60 M 20/08/2000 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1 Edward De Lacy	5	TNS	18.45 NWI
2 Ryan Makowski	5	TNS	19.47 NWI
3 Cooper Darr	5	TNS	22.35 NWI

**Boys 100 Meter Run 5yrs**

Meet Record: 14.70 M 20/08/2005 Alec Milne

Name	Age	Team	Finals
<b>Finals</b>			
1 Edward De Lacy	5	TNS	23.78 NWI
2 Cooper Darr	5	TNS	24.05 NWI
3 Ryan Makowski	5	TNS	26.88 NWI

**Boys Long Jump 5yrs**

Meet Record: 2.81m M 14/10/2000 Bradley Edwards

Name	Age	Team	Finals
<b>Finals</b>			
1 Ryan Makowski	5	TNS	1.66m NWI
2 Edward De Lacy	5	TNS	1.09m NWI
--- Cooper Darr	5	TNS	FOUL

## Week 7 - Program 1a - 28/07/2017

## Results

**Boys Shot Put 5yrs**

Meet Record: 6.78m M 15/10/2000 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1	Ryan Makowski	5 TNS	2.62m
2	Cooper Darr	5 TNS	2.30m
3	Edward De Lacy	5 TNS	2.15m

**Boys 70 Meter Run 6yrs**

Meet Record: 12.60 M 3/08/2003 Kane Strachan

Name	Age	Team	Finals
<b>Finals</b>			
1	Henry Egan	6 TNS	14.27 NWI
2	Campbell Kostolanji	6 TNS	16.01 NWI
3	Dash Ely	6 TNS	17.70 NWI

**Boys 80 Meter Run 6yrs**

Meet Record: 14.50 M 30/09/2001 Bradley Edwards, Kane Strachan (1)

Name	Age	Team	Finals
<b>Finals</b>			
1	Henry Egan	6 TNS	16.23 NWI
2	Campbell Kostolanji	6 TNS	18.10 NWI
3	Dash Ely	6 TNS	20.14 NWI

**Boys 100 Meter Run 6yrs**

Meet Record: 17.80 M 14/10/2000 Hayden Walk

Name	Age	Team	Finals
<b>Finals</b>			
1	Henry Egan	6 TNS	20.79 NWI
2	Campbell Kostolanji	6 TNS	24.17 NWI
3	Dash Ely	6 TNS	25.76 NWI

**Boys Long Jump 6yrs**

Meet Record: 3.04m M 17/08/2003 Kane Strachan

Name	Age	Team	Finals
<b>Finals</b>			
1	Henry Egan	6 TNS	2.49m NWI
2	Campbell Kostolanji	6 TNS	2.18m NWI
3	Dash Ely	6 TNS	1.53m NWI

**Boys Shot Put 6yrs**

Meet Record: 7.20m M 8/07/2001 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1	Henry Egan	6 TNS	3.70m
2	Campbell Kostolanji	6 TNS	3.31m
3	Dash Ely	6 TNS	2.47m

**Boys 70 Meter Run 7yrs**

Meet Record: 11.49 M 21/08/2015 Connor Jackson

Name	Age	Team	Finals
<b>Finals</b>			
1	Kolby Walters	7 TNS	12.79 NWI
2	Nathan Cheyne	7 TNS	13.45 NWI
3	Ryan Halliday	7 TNS	13.49 NWI
4	Lucas Goodwin	7 TNS	13.64 NWI

**Boys 80 Meter Run 7yrs**

Meet Record: 12.80 M 24/07/2015 Connor Jackson

Name	Age	Team	Finals
<b>Finals</b>			
1	Kolby Walters	7 TNS	15.03 NWI
2	Ryan Halliday	7 TNS	15.34 NWI
3	Lucas Goodwin	7 TNS	15.66 NWI
4	Nathan Cheyne	7 TNS	15.75 NWI

**Boys 100 Meter Run 7yrs**

Meet Record: 16.65 M 7/08/2015 Connor Jackson

Name	Age	Team	Finals
<b>Finals</b>			
1	Kolby Walters	7 TNS	19.46 NWI
2	Ryan Halliday	7 TNS	19.72 NWI
3	Lucas Goodwin	7 TNS	19.75 NWI
4	Nathan Cheyne	7 TNS	20.25 NWI

**Boys Long Jump 7yrs**

Meet Record: 3.42m M 28/08/2015 Gabriel Friskie

Name	Age	Team	Finals
<b>Finals</b>			
1	Ryan Halliday	7 TNS	2.69m NWI
2	Nathan Cheyne	7 TNS	2.64m NWI
3	Kolby Walters	7 TNS	2.58m NWI
4	Lucas Goodwin	7 TNS	2.39m NWI

**Boys Discus Throw 7yrs**

Meet Record: 18.61m M 12/05/2002 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1	Kolby Walters	7 TNS	10.33m
2	Lucas Goodwin	7 TNS	6.72m
3	Nathan Cheyne	7 TNS	6.62m
4	Ryan Halliday	7 TNS	5.97m

**Boys 80 Meter Run 8 yrs**

Meet Record: 12.30 M 14/09/1997 Ainsley Taylor

Name	Age	Team	Finals
<b>Finals</b>			
1	Nate Antoniazzi	8 TNS	14.46 NWI
2	Lincoln Kostolanji	8 TNS	15.26 NWI
3	Tyson Abdul-Rahman	8 TNS	15.34 NWI
4	Harry Audas-Gray	8 TNS	15.97 NWI

**Boys 100 Meter Run 8 yrs**

Meet Record: 15.80 M 30/09/2001 Joel Guirao

Name	Age	Team	Finals
<b>Finals</b>			
1	Nate Antoniazzi	8 TNS	18.29 NWI
2	Harry Audas-Gray	8 TNS	19.77 NWI
3	Lincoln Kostolanji	8 TNS	19.78 NWI
4	Tyson Abdul-Rahman	8 TNS	19.80 NWI

## Week 7 - Program 1a - 28/07/2017

## Results

**Boys 800 Meter Run 8 yrs**

Meet Record: 2:54.62 M 9/09/2016 Carter Koitka

Name	Age	Team	Finals
<b>Finals</b>			
1 Harry Audas-Gray	8	TNS	3:37.78
2 Tyson Abdul-Rahman	8	TNS	3:41.73
3 Lincoln Kostolanji	8	TNS	3:45.91
4 Nate Antoniazzi	8	TNS	3:51.52

**Boys Long Jump 8 yrs**

Meet Record: 3.70m M 9/09/2001 Joel Guirao, Clint Colledge (15.05.2)

Name	Age	Team	Finals
<b>Finals</b>			
1 Nate Antoniazzi	8	TNS	2.62m NWI
2 Lincoln Kostolanji	8	TNS	2.27m NWI
3 Harry Audas-Gray	8	TNS	1.94m NWI
4 Tyson Abdul-Rahman	8	TNS	1.80m NWI

**Boys Discus Throw 8 yrs**

Meet Record: 23.28m M 19/05/1996 Adam Montague

Name	Age	Team	Finals
<b>Finals</b>			
1 Nate Antoniazzi	8	TNS	13.51m
2 Harry Audas-Gray	8	TNS	13.11m
3 Tyson Abdul-Rahman	8	TNS	8.38m
4 Lincoln Kostolanji	8	TNS	7.43m

**Boys 80 Meter Run 9 yrs**

Meet Record: 11.90 M 29/09/2002 Joel Guirao

Name	Age	Team	Finals
<b>Finals</b>			
1 Connor Jackson	9	TNS	12.70 NWI
2 Lochie Linden	9	TNS	14.04 NWI
3 Carter Koitka	9	TNS	14.40 NWI
4 Chance Horne	9	TNS	14.43 NWI
5 Ryder Hayes	9	TNS	14.75 NWI
6 Euan Roberts	9	TNS	15.15 NWI
7 Zachary Moseley	9	TNS	17.42 NWI

**Boys 100 Meter Run 9 yrs**

Meet Record: 14.80 M 29/08/1999 Chris Quirke

Name	Age	Team	Finals
<b>Finals</b>			
1 Connor Jackson	9	TNS	16.03 NWI
2 Carter Koitka	9	TNS	17.84 NWI
3 Chance Horne	9	TNS	18.01 NWI
4 Euan Roberts	9	TNS	19.30 NWI
5 Ryder Hayes	9	TNS	22.23 NWI
6 Zachary Moseley	9	TNS	23.26 NWI

**Boys 800 Meter Run 9 yrs**

Meet Record: 2:51.94 M 19/07/2013 Mitchell Young

Name	Age	Team	Finals
<b>Finals</b>			
1 Carter Koitka	9	TNS	2:57.35
2 Lochie Linden	9	TNS	3:15.56
3 Chance Horne	9	TNS	3:24.82

4 Euan Roberts	9	TNS	3:44.90
5 Zachary Moseley	9	TNS	4:00.00

**Boys High Jump 9 yrs**

Meet Record: 1.24m M 4/06/2006 Clint Colledge

Name	Age	Team	Finals
<b>Finals</b>			
1 Connor Jackson	9	TNS	1.10m
2 Chance Horne	9	TNS	1.05m
3 Carter Koitka	9	TNS	J1.05m
4 Lochie Linden	9	TNS	1.00m
5 Ryder Hayes	9	TNS	J1.00m
--- Zachary Moseley	9	TNS	NH
--- Euan Roberts	9	TNS	NH

**Boys Javelin Throw 9 yrs**

Meet Record: 18.94m M 19/08/2016 Riley Morrison

Name	Age	Team	Finals
<b>Finals</b>			
1 Chance Horne	9	TNS	16.50m
2 Connor Jackson	9	TNS	13.45m
3 Lochie Linden	9	TNS	10.96m
4 Carter Koitka	9	TNS	10.45m
5 Euan Roberts	9	TNS	9.16m
6 Ryder Hayes	9	TNS	7.53m
7 Zachary Moseley	9	TNS	7.24m

**Boys 100 Meter Run 10 yrs**

Meet Record: 14.10 M 3/10/1999 Chris Moore

Name	Age	Team	Finals
<b>Finals</b>			
1 Liam Rowlands	10	TNS	16.14 NWI
2 Angus Nordine	10	TNS	16.85 NWI
3 Mitchell Hockaday	10	TNS	17.62 NWI
4 Kalan Melvin	10	TNS	17.77 NWI
5 Blake Koitka	10	TNS	18.09 NWI
6 Dante Hayes	10	TNS	18.64 NWI

**Boys 200 Meter Run 10 yrs**

Meet Record: 30.20 M 15/10/2000 James Buckby

Name	Age	Team	Finals
<b>Finals</b>			
1 Kalan Melvin	10	TNS	35.77 NWI
2 Angus Nordine	10	TNS	35.87 NWI
3 Blake Koitka	10	TNS	38.36 NWI
4 Mitchell Hockaday	10	TNS	39.90 NWI
5 Dante Hayes	10	TNS	43.06 NWI

**Boys 800 Meter Run 10 yrs**

Meet Record: 2:42.30 M 4/08/1996 Terence Foster

Name	Age	Team	Finals
<b>Finals</b>			
1 Mitchell Hockaday	10	TNS	2:55.78
2 Kalan Melvin	10	TNS	3:07.64
3 Blake Koitka	10	TNS	3:09.31
4 Angus Nordine	10	TNS	3:41.55

## Week 7 - Program 1a - 28/07/2017

## Results

**Boys 1500 Meter Run 10 yrs**

Meet Record: 5:39.96 M 21/08/2015 Jordan Small

Name	Age	Team	Finals
<b>Finals</b>			
1 Mitchell Hockaday	10	TNS	6:04.30
2 Kalan Melvin	10	TNS	6:43.96

**Boys High Jump 10 yrs**

Meet Record: 1.27m M 1/06/2003 Joel Guirao

Name	Age	Team	Finals
<b>Finals</b>			
1 Mitchell Hockaday	10	TNS	1.09m
2 Blake Koitka	10	TNS	1.06m
3 Angus Nordine	10	TNS	1.03m
4 Kalan Melvin	10	TNS	0.95m
5 Dante Hayes	10	TNS	0.85m

**Boys Discus Throw 10 yrs**

Meet Record: 26.72m M 30/07/2005 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1 Kalan Melvin	10	TNS	15.69m
2 Blake Koitka	10	TNS	14.79m
3 Mitchell Hockaday	10	TNS	11.56m
4 Angus Nordine	10	TNS	11.42m
5 Dante Hayes	10	TNS	10.28m

**Boys 100 Meter Run 11 yrs**

Meet Record: 13.80 M 9/09/2001 James Buckby

Name	Age	Team	Finals
<b>Finals</b>			
1 Jake Wilson	11	TNS	15.95 NWI
2 Lachlan McCarthy	11	TNS	16.65 NWI
3 Malcolm O'Shaughnessy	11	TNS	17.33 NWI
4 Finn Knowles	11	TNS	18.27 NWI
5 Lachlan Denman	11	TNS	18.37 NWI
6 Nathan Bramley	11	TNS	19.66 NWI

**Boys 200 Meter Run 11 yrs**

Meet Record: 27.40 M 7/10/2001 James Buckby

Name	Age	Team	Finals
<b>Finals</b>			
1 Jake Wilson	11	TNS	33.32 NWI
2 Malcolm O'Shaughnessy	11	TNS	36.54 NWI
3 Nathan Bramley	11	TNS	41.14 NWI

**Boys 800 Meter Run 11 yrs**

Meet Record: 2:36.40 M 15/10/2000 Daniel Lindby

Name	Age	Team	Finals
<b>Finals</b>			
1 Jake Wilson	11	TNS	3:00.04
2 Malcolm O'Shaughnessy	11	TNS	3:04.10
3 Lachlan McCarthy	11	TNS	3:14.22
4 Nathan Bramley	11	TNS	3:18.36
5 Lachlan Denman	11	TNS	4:11.35

**Boys 1500 Meter Run 11 yrs**

Meet Record: 5:15.70 M 13/09/1998 Kelvin Baxter

Name	Age	Team	Finals
<b>Finals</b>			
1 Malcolm O'Shaughnessy	11	TNS	6:05.95

**Boys Long Jump 11 yrs**

Meet Record: 4.97m M 3/10/1999 Julius Nyambane

Name	Age	Team	Finals
<b>Finals</b>			
1 Jake Wilson	11	TNS	3.94m NWI
2 Malcolm O'Shaughnessy	11	TNS	3.19m NWI
3 Lachlan McCarthy	11	TNS	3.13m NWI
4 Lachlan Denman	11	TNS	2.78m NWI
5 Nathan Bramley	11	TNS	2.66m NWI
--- Finn Knowles	11	TNS	FOUL

**Boys Shot Put 11 yrs**

Meet Record: 8.78m M 13/08/2000 Liam Gaffney

Name	Age	Team	Finals
<b>Finals</b>			
1 Finn Knowles	11	TNS	8.31m
2 Malcolm O'Shaughnessy	11	TNS	7.15m
3 Jake Wilson	11	TNS	6.56m
4 Nathan Bramley	11	TNS	5.82m
5 Lachlan Denman	11	TNS	4.06m

**Boys 100 Meter Run 12yrs**

Meet Record: 12.40 M 8/09/2002 James Buckby

Name	Age	Team	Finals
<b>Finals</b>			
1 Kholan Hayes	12	TNS	14.88 NWI
2 Lachlan Doherty	12	TNS	14.92 NWI
3 Jai Chetham-O'Connor	12	TNS	16.69 NWI

**Boys 200 Meter Run 12yrs**

Meet Record: 24.40 M 29/09/2002 James Buckby

Name	Age	Team	Finals
<b>Finals</b>			
1 Kholan Hayes	12	TNS	31.29 NWI
2 Lachlan Doherty	12	TNS	33.60 NWI
3 Jai Chetham-O'Connor	12	TNS	36.30 NWI

**Boys 800 Meter Run 12yrs**

Meet Record: 2:32.00 M 17/08/1997 Luke Crow

Name	Age	Team	Finals
<b>Finals</b>			
1 Lachlan Doherty	12	TNS	3:17.60
2 Jai Chetham-O'Connor	12	TNS	3:29.22

**Boys 1 Mile Run 12yrs**

Meet Record: 7:17.00 M 28/07/2017 Jai Chetham-O'Connor

Meet Record: 7:17.00 M 28/07/2017 Jai Chetham-O'Connor

Name	Age	Team	Finals
<b>Finals</b>			
1 Jai Chetham-O'Connor	12	TNS	7:17.00M

## Week 7 - Program 1a - 28/07/2017

## Results

**Boys Triple Jump 12yrs**

Meet Record: 10.37m M 6/09/2013 Mathew Kerr

Name	Age	Team	Finals
<b>Finals</b>			
1 Jai Chetham-O'Connor	12	TNS	8.11m NWI
2 Lachlan Doherty	12	TNS	7.94m NWI
3 Kholan Hayes	12	TNS	7.49m NWI

**Boys Discus Throw 12yrs**

Meet Record: 36.28m M 17/08/1997 Jarrod Bannister

Name	Age	Team	Finals
<b>Finals</b>			
1 Jai Chetham-O'Connor	12	TNS	16.55m
2 Kholan Hayes	12	TNS	15.44m
3 Lachlan Doherty	12	TNS	13.30m

**Boys 100 Meter Run 13yrs**

Meet Record: 12.40 M 16/04/2000 Evan Seedhouse

Name	Age	Team	Finals
<b>Finals</b>			
1 Ashley Thomas	13	TNS	13.44 NWI
2 Cody Mowbray	13	TNS	13.48 NWI

**Boys Shot Put 13yrs**

Meet Record: 15.73m M 29/08/1999 Matthew Vaughan

Name	Age	Team	Finals
<b>Finals</b>			
1 Ashley Thomas	13	TNS	11.61m

**Boys 100 Meter Run 14yrs**

Meet Record: 11.82 M 28/05/2010 Sherome Sailor

Name	Age	Team	Finals
<b>Finals</b>			
1 Ethan Pemmelaar	14	TNS	13.10 NWI

**Boys 200 Meter Run 14yrs**

Meet Record: 23.89 M 7/05/2010 Sherome Sailor

Name	Age	Team	Finals
<b>Finals</b>			
1 Ethan Pemmelaar	14	TNS	27.82 NWI

**Boys 800 Meter Run 14yrs**

Meet Record: 2:11.19 M 2/07/2005 Jacob Reid

Name	Age	Team	Finals
<b>Finals</b>			
1 Ethan Pemmelaar	14	TNS	3:14.23

**Boys High Jump 14yrs**

Meet Record: 1.85m M 31/08/2012 Brenton Foster

Name	Age	Team	Finals
<b>Finals</b>			
1 Ethan Pemmelaar	14	TNS	1.30m

**Boys Javelin Throw 14yrs**

Meet Record: 55.62m M 18/04/1999 Jarrod Bannister

Name	Age	Team	Finals
<b>Finals</b>			
1 Ethan Pemmelaar	14	TNS	25.38m

**Men 100 Meter Run 15yrs**

Meet Record: 11.70 M 23/04/1972 Ken Hudson

Name	Age	Team	Finals
<b>Finals</b>			
1 Jesse Quillam	15	TNS	12.64 NWI

**Men 200 Meter Run 15yrs**

Meet Record: 23.50 M 30/07/2005 James Buckby

Name	Age	Team	Finals
<b>Finals</b>			
1 Jesse Quillam	15	TNS	25.53 NWI

**Men 800 Meter Run 15yrs**

Meet Record: 2:08.20 M 4/09/1977 Joe Cetinic

Name	Age	Team	Finals
<b>Finals</b>			
1 Jesse Quillam	15	TNS	2:51.43

**Men High Jump 15yrs**

Meet Record: 1.85m M 3/05/2013 Brenton Foster

Name	Age	Team	Finals
<b>Finals</b>			
1 Jesse Quillam	15	TNS	1.50m

**Men Javelin Throw 15yrs**

Meet Record: 54.64m M 6/09/2013 Crusoe Flynn-Pittar

Name	Age	Team	Finals
<b>Finals</b>			
1 Jesse Quillam	15	TNS	24.10m

**Men 100 Meter Run 16 -17yrs**

Meet Record: 11.00 M 15/09/1991 Justin Smith

Name	Age	Team	Finals
<b>Finals</b>			
1 Tristan Mentor	16	TNS	12.05 NWI
2 Bradley Taylor	17	TNS	13.45 NWI
3 Jacob De Lai	17	TNS	13.46 NWI
4 Jack Bombardieri	16	TNS	13.59 NWI

**Men 200 Meter Run 16 -17yrs**

Meet Record: 22.30 M 14/09/1997 Peter Spilsbury

Name	Age	Team	Finals
<b>Finals</b>			
1 Jacob De Lai	17	TNS	27.58 NWI
2 Jack Bombardieri	16	TNS	27.92 NWI

**Men 800 Meter Run 16 -17yrs**

Meet Record: 2:01.90 M 18/05/1975 Alan Flynn

Name	Age	Team	Finals
<b>Finals</b>			
1 Bradley Taylor	17	TNS	2:16.42

## Week 7 - Program 1a - 28/07/2017

## Results

**Finals ... (Men 800 Meter Run 16 -17yrs)**

Name	Age	Team	Finals
2 Jacob De Lai	17	TNS	3:00.00

**Men Long Jump 16 -17yrs**

Meet Record: 7.09m M 31/05/1998 Tim Parravicini

Name	Age	Team	Finals
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**Finals**

1 Bradley Taylor	17	TNS	5.02m NWI
2 Jack Bombardieri	16	TNS	4.63m NWI

**Men Shot Put 16 -17yrs**

Meet Record: 17.92m M 27/08/1995 Luke Poli

Name	Age	Team	Finals
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**Finals**

1 Jack Bombardieri	16	TNS	9.51m
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**Men Long Jump Open**

Meet Record: 7.44m M 22/10/1995 Tony Tomkins

Name	Age	Team	Finals
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**Finals**

--- Alex Ypinazar	24	TNS	FOUL
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**Men 100 Meter Run 40-44yrs**

Meet Record: 12.01 M 20/04/2012 Craig Hookey

Name	Age	Team	Finals
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**Finals**

1 Michael Abdul-Rahman	42	TNS	17.20 NWI
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**Men Long Jump 45-49yrs**

Meet Record: 5.22m M 25/08/1996 Alan Forte

Name	Age	Team	Finals
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**Finals**

1 Karl Denman	48	TNS	3.78m NWI
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**Men Shot Put 45-49yrs**

Meet Record: 10.21m M 25/08/2002 Barry Mullins

Name	Age	Team	Finals
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**Finals**

1 Karl Denman	48	TNS	7.65m
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**Men 100 Meter Run 50-54yrs**

Meet Record: 12.80 M 3/10/1999 Brian Hartwell

Name	Age	Team	Finals
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**Finals**

1 Leigh Gray	53	TNS	15.92 NWI
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**Men 200 Meter Run 50-54yrs**

Meet Record: 26.30 M 10/10/1999 Brian Hartwell

Name	Age	Team	Finals
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**Finals**

1 Leigh Gray	53	TNS	33.99 NWI
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**Men Long Jump 50-54yrs**

Meet Record: 5.14m M 3/10/1999 Brian Hartwell

Name	Age	Team	Finals
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**Finals**

1 Leigh Gray	53	TNS	3.79m NWI
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**Men Shot Put 50-54yrs**

Meet Record: 11.24m M 1/06/1997 Derek Croft

Name	Age	Team	Finals
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**Finals**

1 Leigh Gray	53	TNS	9.56m
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**Men 200 Meter Run 18-19yrs**

Meet Record: 22.50 M 15/08/1999 Tim Parravicini

Name	Age	Team	Finals
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**Finals**

1 Ashley Brooke	19	TNS	23.27 NWI
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