



*Townsville
North Star
Athletics Club*

2018 Season

Information

Package



Contents

About Townsville North Star Athletics Club (TNSAC)	3
About Athletics North Queensland (ANQ)	3
Parental Involvement	4
Club Uniforms	4
Club Training	4
Membership Structure and Fees	5
Full Membership	5
Trials (Come and Try)	6
Special Membership	6
Visitors	7
How to Register	7
Townsville North Star Athletics Club Season Calendar	8
Frequently Asked Questions	11
Further Resources	13

CLUBHOUSE VENUE

Townsville Sports Reserve
14 Warburton Street
North Ward, Townsville, QLD

CORRESPONDENCE

Townsville North Star Athletic Club Inc.
PO Box 621
CASTLETOWN QLD 4812

CONTACT US

Email: enquiries@townsvillenorthstar.org.au
Ph: 0428 867 827
Web: www.townsvillenorthstar.org.au



2018 Registration Information Package

Thank you for your enquiry regarding membership for the 2018 Townsville North Star Athletics Club track and field season.

About Townsville North Star Athletics Club (TNSAC) -

Established in 1962, the TNSAC is Townsville's premier track and field club. Our association is coordinated by a number of generous volunteers, mainly parents who donate their time to ensure the club continues to benefit the wider Townsville community.

TNSAC provides an affordable, community based active outlet and caters for individuals of all capabilities and ages from five years onwards. Our club is affiliated with Athletics North Queensland, which affords our members the eligibility to nominate for any Athletics Australia (AA) sanctioned events nation wide.

TNSAC has a number of accredited coaches associated with the club who specialise in mentoring a variety of age groups and track and field events. Our weekly club competitions are conducted at the Townsville Sports Reserve affectionately known as the 'Red Track', which boasts state of the art track and field facilities. Over the years our club has produced a large quantity of noteworthy athletes that have competed and medalled at state, national and international competitions.

Whether you're looking to make new friends, enjoy an active lifestyle or compete at the next Olympic Games, Townsville North Star Athletics Club will have an event to suit you or your child.

About Athletics North Queensland (ANQ) –

ANQ is Queensland Athletics' appointed agent in North Queensland. ANQ has over 3000 registered members and consists of almost forty separate track and field and road running clubs. These clubs stretch all over North Queensland from Rockhampton in the south, Longreach and Mount Isa in the west, and Cairns in the north. The ANQ office is located at Sports House, North Ward.

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Parental Involvement

Athletics offers a great opportunity for all children to learn the basic motor skills, to keep fit and to socialise with others. For those who wish to progress further in the sport, the pathways are also there.

No other sport offers such a wide a range of events to all ages and to all levels of competitors. This is also one downside on that it makes athletics the most labour intensive of ALL sports.

All weekly training and track and field events conducted at our weekly club competitions are subject to parental involvement. PARENTS/GUARDIANS NEED TO ASSIST WITH THE RUNNING OF EACH EVENT. If there are not enough parents present to officiate each event in a safe and timely manner, then the event will be cancelled.

MINIMUM OF 3 PEOPLE EACH WITH A MINIMUM AGE OF 16 TO OFFICIATE AN EVENT

Club Uniform

All athletes must wear the TNSAC club uniform and attach their ANQ registration number to both the front and back when competing at all club competitions and track and field carnivals. Uniforms can be purchased from the registration desk at each club competition.

Club Training

\$2 training fee per athlete, per session.

This is the second year in which TNSAC will be holding training sessions at the Townsville Sports Reserve (Red Track).

6-9 year olds will be on Mondays 4:30 – 5:30pm

10 years and above will be on Wednesdays 4:30 – 5:30pm

There will be no training at all on school or public holidays.

Cancellation of training due to rain will depend on how bad the rain is and a decision will be made by 1pm on training days

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2018 Membership Structure and Fees

Membership for the 2018 season runs from 1st April 2018 to 31st March 2019.

FULL MEMBERSHIP: The complete package

5yrs to 9yrs: \$200

10yrs and above: \$225



- Registration with Athletics North Queensland as a Townsville North Star member
- ANQ registration package
- Access to participate at all ANQ sanctioned Carnivals and Championships throughout the season (carnival and championship nomination costs not included)
- Eligible to nominate for State and National Championships until 31st March 2019 (qualifying standards must be met in order to nominate)
- Unlimited access to weekly TNSAC competition nights
- Unlimited access to weekly TNSAC training sessions (\$2 training session fee)
- Eligible to accumulate “competition points” which contribute to some end of season trophies
- Eligible to have weekly competition performances recognized for “Club Records”
- Eligible to receive awards on Presentation Day (minimum 50% attendance at TNSAC club competitions required)
- Invitation to attend end of season Presentation Day function FREE OF CHARGE

FAMILY DISCOUNTS:

Where 3 or more “immediate family” members take out full membership the following discounts will apply -

- The two (2) eldest family members will pay the full membership price for their age group
- Subsequent family members will pay 50% of the full membership price for their age group

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TRIALS: For the beginning athlete, school athlete or casual user

(Maximum of 3 “trial” visits after which athletes are required to join as a full member to continue)

All age groups: Competition fee: \$10/competition
(payable **BEFORE** you compete in that night’s competition)



- Athletes will NOT be registered with Athletics North Queensland as a TNSAC member
- Ineligible to participate at ANQ sanctioned Carnivals and Championships during 2018
- Ineligible to participate at State and National Championships
- Access to a MAXIMUM of 3 weekly TNSAC competition nights at \$10 per competition
- No access to TNSAC training sessions
- Ineligible to accumulate “competition points” which contribute to end of season trophies
- Ineligible to have weekly competition performances recognized for “Club Records”
- Ineligible to receive awards at the end of season Presentation Day
- No invitation to attend Presentation Day function

MEMBERSHIP UPGRADE:

A trialling athlete may upgrade to full membership at any time by paying the total cost of the full membership.

“SPECIAL” MEMBERSHIP:

For those athletes who have exceptional circumstances
e.g. Athletes who live out of Qld but wish to be TNSAC members to allow them to compete at higher levels of competition.



- Athletes who believe they qualify for this form of membership need to submit details of their circumstances to the TNSAC committee for individual assessment. Terms and conditions of “special” memberships will be set by the committee.

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VISITORS

Athletes from another Athletics Australia or Little Athletics affiliated club wishing to compete at a TNSAC competition night.

All age groups: Competition fee: \$10/competition (payable before you compete in that night's competition)

- Access to unlimited weekly TNSAC competition nights at \$10 per competition
- No access to TNSAC training sessions
- Ineligible to accumulate "competition points" which contribute to end of season trophies
- Ineligible to have weekly competition performances recognized for "Club Records"
- Ineligible to receive awards on Presentation Day
- No invitation to attend Presentation Day function

Registration

Prior to registering all athletes must –

- Pay any fees outstanding from previous seasons – registrations will not be accepted until outstanding fees are paid.
- If you have signed up previously with Athletics North Queensland in the last 3 years, please include your ANQ registration number when renewing your registration.
- If this is your first season at TNSAC **we need to sight your birth certificate**. Please present this when registering in person or when collecting your ANQ registration numbers.

How to Register

Registration can be submitted in one of three ways –

1. Online through our website or via the ANQ website also
2. In person at one of our 2018 Sign On Days (24th March and 25th March, 10am to 12pm at the Townsville Sports Reserve)
3. In person at any of our club competition nights

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2018 SEASON CALENDAR

FEB 2-4	QUEENSLAND CHAMPIONSHIPS (U/14- OPEN) Friday 2 nd – Sunday 4 th February 2018 Main Stadium, QSAC, Nathan	QLD STATE CHAMPS
FEB 15-18	AUSTRALIAN ATHLETICS CHAMPIONSHIPS Thursday 15 th February – Sunday 18 th April 2018 Sydney, NSW	NATIONAL CHAMPS
MAR 14-18	AUSTRALIAN JUNIOR ATHLETICS CHAMPIONSHIPS Wednesday 14 th – Sunday 18 th March 2018 Canberra, ACT	NATIONAL MEET
MAR 24-25	TOWNSVILLE NORTH STAR SIGN ON DAY Saturday 24 th – Sunday 25 th March 2018 10am-12pm Townsville Sports Reserve	CLUB SIGN ON
APR 5-16	COMMONWEALTH GAMES Thursday 5 th – Monday 16 th April 2018 Gold Coast - Queensland	INTERNATIONAL
APR 20	ATHLETE & PARENT EDUCATION NIGHT Friday 20 th April 2018 6pm Townsville Sports Reserve	CLUB MEET
APR 27	TNS COMP 1 Friday 27 th April 2018 6pm start Townsville Sports Reserve	CLUB MEET
MAY 4	TNS COMP 2 Friday 4 th May 2018 6pm Townsville Sports Reserve	CLUB MEET
MAY 5-6	NORTH QUEENSLAND GAMES - MACKAY Saturday 4 th – Sunday 5 th May 2018 Mackay	NQ EVENT
MAY 11	TNS COMP 3 Friday 11 th May 2018 6pm Townsville Sports Reserve	CLUB MEET
MAY 18	TNS COMP 4 Friday 18 th May 2018 6pm Townsville Sports Reserve	CLUB MEET
MAY 19	CAIRNS TWILIGHT MEET Saturday 19 th May 2018 3pm Cairns	MEET
MAY 26-27	BOWEN TRACK AND FIELD CARNIVAL Saturday 20 th Sunday - 21 st May 2018 Bowen	CARNIVAL

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JUN	TNS COMP 5	CLUB MEET
1	Friday 1st June 2018 6pm Townsville Sports Reserve	
JUN	ANQ STUDENT GAMES / ALL COMERS CHAMPIONSHIP	ANQ EVENT
8-10	Friday 8 th – Sunday 10 th June 2018 Townsville Sports Reserve, Townsville	
JUN	TNS COMP 6 – SATURDAY INVITATIONAL MEET	INVITATIONAL CLUB MEET
16	Saturday 16 th June 2018 3:30pm Townsville Sports Reserve	SATURDAY
JUN	TNS COMP 7	CLUB MEET
22	Friday 22 nd June 2018 6pm Townsville Sports Reserve	
JUN	TNS COMP 8	CLUB MEET
29	Friday 29 th June 2018 6pm Townsville Sports Reserve	
JUN	LITTLE ATHLETICS QUEENSLAND WINTER CARNIVAL	CARNIVAL
30-1	Saturday 30 th June – Sunday 1 st July 2018 Townsville	
JUL	MACKAY TRACK & FIELD CARNIVAL	MEET
14	Saturday 14 th July 2018 Mackay	
JUL	TNS COMP 9	CLUB MEET
20	Friday 20 th July 2018 6pm Townsville Sports Reserve	
JUL	TNS COMP 10 - SATURDAY	SATURDAY CLUB MEET
28	Saturday 28 th July 2018 3:30pm Townsville Sports Reserve	
AUG	TNS COMP 11	CLUB MEET
3	Friday 3 rd August 2018 6pm Townsville Sports Reserve	
AUG	TNS COMP 12	CLUB MEET
10	Friday 10 th August 2018 6pm Townsville Sports Reserve	
AUG	TOWNSVILLE PRIMARY INTERSCHOOL TRACK & FIELD	CARNIVAL
13-17	Monday 13 th – Friday 17 th August 2018 Townsville Sports Reserve	
AUG	TNS COMP 13	CLUB MEET
17	Friday 17 th August 2018 6pm Townsville Sports Reserve	
AUG	TOWNSVILLE SECONDARY INTERSCHOOL TRACK & FIELD	CARNIVAL
20-24	Monday 13 th – Friday 17 th August 2018 Townsville Sports Reserve	

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AUG 24	TNS COMP 14 Friday 24 th August 2018 6pm Townsville Sports Reserve	CLUB MEET
AUG 25-26	LITTLE ATHLETICS QLD REGIONALS Saturday 25 th – Sunday 26 th August 2018 Townsville	CARNIVAL
AUG 31	TNS COMP 15 Friday 31 st August 2018 6pm Townsville Sports Reserve	CLUB MEET
SEPT 4	NQ PRIMARY TRACK & FEILD Tuesday 4 th September 2018 Townsville Sports Reserve	CARNIVAL
SEPT 7	NQ SECONDARY TRACK & FEILD Friday 7 th September 2018 Townsville Sports Reserve	CARNIVAL
SEPT 8	TNS COMP 16- SATURDAY INVITATIONAL MEET Saturday 8 th September 2018 3:30pm Townsville Sports Reserve	INVITATIONAL CLUB MEET SATURDAY
SEPT 14	TNS COMP 17 Friday 14 th September 2018 6pm Townsville Sports Reserve	CLUB MEET
SEPT 21-23	NORTH QUEENSLAND TRACK AND FIELD CHAMPIONSHIPS Friday 21 st – Sunday 23 rd September 2018 Townsville Sports Reserve, Townsville	ANQ EVENT
OCT 19-20	QUEENSLAND PRIMARY TRACK & FIELD CHAMPIONSHIPS Friday 19 th – Saturday 20 th October 2018 Barlow Park, Cairns	QLD STATE CHAMPS
OCT 25-28	QUEENSLAND SECONDARY TRACK & FIELD CHAMPIONSHIPS Thursday 25 th – Sunday 28 th October 2018 Main Stadium, QSAC, Nathan	QLD STATE CHAMPS
OCT 7	TNS AGM & PRESENTATION Sunday 7 th October 2018 TBC	CLUB
NOV 23-27	PACIFIC SCHOOLS GAMES Friday 23 rd – Tuesday 27 th December 2018 Adelaide, SA	INTERNATIONAL
DEC 7-9	AUSTRALIAN ALL SCHOOLS Friday 7 th – Sunday 19 th December 2018 Melbourne, VIC	NATIONAL CHAMPIONSHIPS

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Frequently Asked Questions

Q. I couldn't make it to your Sign On Days. Can I register at any other time?

A. Yes, you can sign up online through our website or at any of our club competitions.

Q. How much does membership cost?

A. Full membership costs \$200 for 9 years and under and \$225 for 10 years and over. We also accept "Get Started Vouchers".

Q. How can I pay for membership?

A. Cash and EFTPOS/credit card facilities are available.

Q. Can I get a family discount?

A. Where three or more "immediate family" members take out full membership, the two eldest family members will pay the full membership price for their age group. Subsequent family members will pay 50% of the full membership price for their age group.

Q. When and where are your club competition nights?

A. Most Club competitions are held on Friday nights from 5:40pm along with a few Saturday twilight meets from 3:10pm at the Townsville Sports Reserve.

Q. When does the season start?

A. Our first meet being an Athlete and Parent Education Program (APEP) which will be held on the 20th of April 2018. Our first club competition will be held on the 27th of April 2018.

Q. When are your training days and how much does it cost?

A. Training sessions are held on Monday afternoons for 6-9 year olds and Wednesday afternoons for 10 year olds and above. Sessions are conducted from 4.30-5.30pm at the Townsville Sports Reserve. Training sessions are \$2 for our full membership holders ONLY. Training sessions for Non-members will cost \$5

Q. How long does the season go for?

A. Our season begins in April and extends to the end of September culminating in the Athletics North Queensland (ANQ) Championships held on the 21st, 22nd & 23rd of September. (First weekend in the September school holidays)

Q. What extra costs are there?

A. Club uniforms (compulsory) and appropriate running shoes. Membership entitles athletes to be able to nominate to compete at many track and field carnivals however these incur additional nomination fees.

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Q. What does the club uniform consist of?

A. TNSAC polo shirt or singlet or crop top and plain black shorts or plain black bike pants.

Q. How quickly can my child start athletics?

A. Athletes must be a minimum of five years of age by the 31st of December 2018 to be eligible for membership this season.

Q. Are there any older athletes in the club?

A. Yes, while most of our members are youths, we do cater for mature aged and professional athletes.

Q. What other events are held throughout the North Queensland track and field season?

A. Athletics North Queensland assists in the running of many events throughout the year. Full details are available on the ANQ website under the 'Competition' tab.

Q. At what age can my child compete in spikes?

A. 10yrs & 11yrs: laned track events, long jump, high jump
12yrs: laned track events, all jumps, javelin
13yrs and over: all events except discus and shot put

Q. What do I do while my child is competing?

A. Parental involvement is essential for the timely and safe running of our competition nights. If there are not enough parents present with their children to run the events safely then an event may need to be cancelled.

Q. How do I qualify for an end of season trophy?

A. Athletes must attend a minimum of 50% of club competition nights to be eligible and all outstanding fees must be paid in full.

Q. What do I do if I've left something at the Sports Reserve?

A. Please see our volunteers at the registration desk on the following Friday night for collection of lost property.

Q. If I have a question or concern on a competition night whom should I speak to?

A. Please approach a committee member who can be identified by their purple polo shirt and name badge.

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Further Resources

Athletics North Queensland (ANQ)

<http://athleticsnorthqld.org.au>



Queensland Athletics (QA)

<http://www.qldathletics.org.au>



Athletics Australia (AA)

<http://athletics.com.au>



Our committee and existing members look forward to welcoming you to our 2018 season!


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